



# INDIANOLA GIRLS CROSS COUNTRY

# YOUTH GIRLS

# XC CAMP 2025

The Indianola Girls Cross Country Program is excited to host our 4th annual youth girls cross country camp! The camp will be led by Head Coach Morgan Singleton, along with Assistant Coach Tyler Beary, the Middle School coaches: Jeff Janssen and Jill Oliver, and the IHS team.

The runners will learn all about what cross country is, learn some confidence strategies, and do some fun running workouts and exercises with the high school leaders.

Please be sure to bring a water bottle! Wear athletic shoes and clothes comfortable for exercise.

**Checks can be made out to Indianola Athletics or Indianola Girls Cross Country and can be turned in on the first day of camp.**

**Scholarships available for registration fee- Contact Coach Singleton to learn more!**

Questions? Contact Coach Singleton!

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Twitter: @CoachMoIHSXCTF

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## Who:

**Girls entering grades 3-8**

## When:

**June 11, 12, 13  
9:00-10:30**

## Where:

**Indianola Middle School Track Stadium**

## Cost:

**\$40 cash/check**



Scan the QR Code to the left or go to <https://forms.gle/LbbmjtLPdq7kZ9o5A> to register for the  
**INDIANOLA YOUTH GIRLS CROSS COUNTRY CAMP**

### Special Note:

On Friday, June 13th, we will have a one mile race to end our camp! Families are welcome to come watch and cheer around 10:00!!