

COMMUNITY SCHOOL DISTRICT

2024-25 District Fees

Please complete both sides of this form and return it with your payment. You may write one check to pay fees for multiple children. If you would like to pay fees online, go to https://www.indianola.k12.ia.us/departments/food-service/ and click "Online Payments".

Payments are not accepted before July 1st, but are due by the first day of school.

Parent/Guardian Name(s)	
Parent/Guardian Phone Number(s)	
1 st Student Name	2024-25 Grade
2024-25 Attendance Building	
Please check the items you are purchasing for this student. Fe	e information is on the next page.
□ Textbook/Curriculum Fee □ Activity Ticket □ Food Service Ac	count □ Junior Prom Fundraiser
2 nd Student Name	2024-25 Grade
2024-25 Attendance Building	
Please check the items you are purchasing for this student. Fe	e information is on the next page.
□ Textbook/Curriculum Fee □ Activity Ticket □ Food Service Ac	count □ Junior Prom Fundraiser
3 rd Student Name	2024-25 Grade
2024-25 Attendance Building	
Please check the items you are purchasing for this student. Fe	e information is on the next page.
□ Textbook/Curriculum Fee □ Activity Ticket □ Food Service A	ccount □ Junior Prom Fundraiser
4 th Student Name	2024-25 Grade
2024-25 Attendance Building	
Please check the items you are purchasing for this student. Fe	e information is on the next page.
□ Textbook/Curriculum Fee □ Activity Ticket □ Food Service Ac	count □ Junior Prom Fundraiser
5 th Student Name	2024-25 Grade
2024-25 Attendance Building	
Please check the items you are purchasing for this student. Fe-	e information is on the next page.
□ Textbook/Curriculum Fee □ Activity Ticket □ Food Service Ac	count □ Junior Prom Fundraiser
(Please use an additional page if needed)	

June 26, 2024 Page 1

		Amount (per child)	Quantity Purchased	Amount Enclosed
	Elementary (K - 5 th Grade)	\$80.00		
Textbook/Curriculum Fee	Middle School	\$100.00		
	High School	\$130.00		
	Elementary	\$25.00		
Athletic Activity Passes (Fee waivers do not apply.)	Middle School	\$50.00		
	High School	\$50.00		
Food Service Account	Amount added to your food service account			
Miscellaneous Charges (Fee waivers do not apply.)	Juniors Only—Prom Fundraiser (Juniors have the option to participate in the fundraiser or pay \$40 now to lower their prom ticket cost. Watch for fundraising information after school starts. Prom tickets are usually \$55.)	\$40.00		

Food Service Notes

ICSD Food Service offers a School Meal Program which includes lunch and breakfast. Parents/guardians participating in this program may place money in a family food service account. The amount is deducted as the meal or item is served to each student.

The program item costs are as follows:

Grades	Item	Daily	Weekly	20 Days
K-5	Breakfast	\$2.10	\$10.50	\$42.00
K-5	Lunch	\$3.20	\$16.00	\$64.00
6-12	Breakfast	\$2.15	\$10.75	\$43.00
6-12	Lunch	\$3.30	\$16.50	\$66.00
6-12	Ala Carte		Item price varies.	
All	Extra Entrée	\$2.50	\$12.50	\$50.00
All	Milk	\$.50	\$2.50	\$10.00
Adult	Breakfast	\$2.35	\$11.75	\$47.00
Adult	Lunch	\$4.85	\$24.25	\$97.00

Parents/guardians are encouraged to put money in their family food service account. Cash is also accepted at the time of purchase.

Free and Reduced Meal Applications may now be completed online. Go to https://www.indianola.k12.ia.us/departments/food-service/ and click "Free and Reduced Meal Application Information".

The Indianola Community School District has contracted with Credit Bureau Services of Iowa for the collection of unpaid student textbook/curriculum fees and food service account balances. Your cooperation in paying fees due by the first day of school is appreciated and will avoid initiation of the collection process. Fee waivers are available to those who qualify. Please contact the Indianola Food Service Department at 515-961-9591 if you would like more information about fee waivers.

June 26, 2024 Page 2

PARENT/GUARDIAN INFORMATION LETTER FOR WEB-BASED MEAL APPLICATIONS Frequently Asked Questions About Free and Reduced Price School Meals

Dear Parent/Guardian:

Children need healthy meals to learn. Indianola Community School District offers healthy meals every school day. Breakfast costs \$2.10 for Elementary and \$2.15 for Middle School and High School lunch costs \$3.20 for Elementary and \$3.30 for Middle School and High School. Your children may qualify for free meals/milk or for reduced price meals. Reduced price is \$0.00 for breakfast and \$0.00 for lunch. Please visit our website to complete an application at: https://www.indianola.k12.ia.us/departments/food-service/

Below are some common questions and answers to help you with the application process.

- 1. WHO CAN GET FREE OR REDUCED PRICE MEALS?
 - All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), the Family Investment Program (FIP) or a few specific Medicaid programs are eligible for free or reduced price meals.
 - Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
 - Children participating in their school's Head Start program are eligible for free meals.
 - Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
 - Children may receive free or reduced price meals if your household's income is at or below the limits on the Federal Income Eligibility Guidelines below and submit an application for free and reduced price meals/milk.

	FEDERAL INCOME ELIGIBILITY GUIDELINES for SCHOOL YEAR 2024-2025										
Household Size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly						
1	27,861	2,322	1,161	1,072	536						
2	37,814	3,152	1,576	1,455	728						
3	47,767	3,981	1,991	1,838	919						
4	57,720	4,810	2,405	2,220	1,110						
5	67,673	5,640	2,820	2,603	1,302						
6	77,626	6,469	3,235	2,986	1,493						
7	87,579	7,299	3,650	3,369	1,685						
8	97,532	8,128	4,064	3,752	1,876						
Each additional											
family member:	9,953	830	415	383	192						

FEDERAL INCOME ELIGIBILITY GLUDELINES for SCHOOL YEAR 2024-2024

- 2. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE OR REDUCED PRICE MEALS? No, but please read the letter carefully and follow the instructions. If any children in your household were missing from your notification, contact: Abbi Costigan, 515.961.9591, abbi.costigan@indianola.k12.ia.us immediately as eligibility for free or reduced price meals is extended to all school age children in a household. If you did not receive a letter from the school, but received a Free Lunch Notice from the lowa Department of Health and Human Services (Iowa HHS), submit this letter to your children's school. You may add any students living in your household who are not listed on the letter. Also, if someone in your household receives SNAP or FIP benefits and you did not receive either of these letters, you may complete an application listing the case number as this will qualify all school age children in your household for free meals. If you were informed that your children will get reduced price meals, see the income guidelines above and if you feel you would qualify for free meal benefits, complete an application for free and reduced price meals.
- 3. WHAT IF WE HAVE FOSTER CHILDREN? Households with foster and non-foster children may choose to include the foster child as a household member, as this may help other children in the household qualify for benefits. If the foster family is not eligible for free or reduced price meal benefits, that does not prevent a foster child from receiving free meal benefits.
- 4. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please contact: Sarah Baker, 1301 E 2nd Ave, Indianola, IA 50125, 515.961.9500, sarah.baker@indianola.k12.ia.us

- 5. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No, complete the applications for free and reduced price school meals for all the students in your household. We cannot approve an application unless complete eligibility information is submitted, so be sure to complete all required information.
- 6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes, your child's application is only good for that school year and for the first few days of this school year, through August 22, 2024 for Irving and October 4, 2024 for all other buildings. You must complete a new application unless the school told you that your child is eligible for the new school year. When the carryover period ends, unless you are notified that your children will receive free meals or you submit an application that is approved, the children must pay full price for school meals. The school is not required to send a reminder or a notice of expired eligibility.
- 7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC <u>may</u> be eligible for free or reduced price meals. Please complete and send in an application.
- 8. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes, you, your children or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
- 9. WILL THE INFORMATION I GIVE BE CHECKED? Yes, we may also ask you to send written proof of the household income you report. You are not required to provide proof with your application.
- 10. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit, if your household size goes up, or if you start getting SNAP, FIP or other benefits.
- 11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to your school officials. You also may ask for a hearing by calling or writing to: Chad Vink, 1301 E 2nd Ave, Indianola, IA 50125, 515.961.9591, chad.vink@indianola.k12.ia.us
- 12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive the types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food or clothing, or receive Family Subsistence Supplemental Allowance payments, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 15. DO I NEED TO PROVIDE MY SOCIAL SECURITY NUMBER? Only the last four digits of the Social Security Number of the household's primary wage earner or another adult household member (or an indication of "none") is needed.
- 16. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a Supplemental Worksheet and attach it to your application. Contact Abbi Costigan, 515.961.9591, abbi.costigan@indianola.k12.ia.us to receive a Supplemental Worksheet.
- 17. WHO CAN GET FREE MILK? If your school participates in the Special Milk Program for half day kindergarteners, your kindergarten child may be eligible for free milk. Children who buy extra milk with a meal or if they eat breakfast or lunch and have an afternoon milk break, are not eligible to receive free milk.
- 18. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for SNAP or other assistance benefits, contact your local assistance office or call **1-877-347-5678**. Your children may be eligible for Hawki (children's health insurance) or a waiver of school fees. Read the information on the back of the Application for Hawki information. A school waiver form is available from your school.

- 19. CAN CHILDREN WITH DISABILITIES GET FOOD SUBSTITUTIONS? If a child has a disability, as determined by a licensed medical professional, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by the licensed medical professional. If a substitution is needed, there will be no extra charge for the meal. Please note, however, that the school is not required to make a substitution for a food allergy, unless it meets the definition of disability. Please call the school for further information.
- 20. DO I NEED TO REPORT MY RACE AND ETHNICITY? It is optional to complete the racial/ethnic portion of the application, however, if you do not select race or ethnicity, one will be selected for you based on visual observation.
- 21. Translated applications are available at: http://www.fns.usda.gov/school-meals/translated-applications.

If you have other questions or need help, call 515.961.9591

USDA Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

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lowa Non-Discrimination Statement: "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515- 281-4121, 800-457-4416; website: https://icrc.iowa.gov/."

Information Statement

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced-price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Family Investment Program (FIP) or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced-price meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of programs rules.

HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS/MILK

Please use these instructions to help you fill out the application for free or reduced price school meals/milk. You only need to submit **one** application per household, even if your children attend more than one school in Indianola Community School District. Please follow these instructions in order. Each step of the instructions is the same as the steps on your application. The application must be filled out completely to certify your children for free or reduced price school meals. Completed applications should be mailed or returned to Indianola Community School District, Food Service Office, 1206 E Ashland Ave, Indianola, IA 50125. If at any time you are not sure what to do next, please contact Abbi Costigan, 515.961.9591, abbi.costigan@indianola.k12.ia.us

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN AND STUDENTS UP TO AND INCLUDING GRADE 12.

Tell us how many infants, children and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here? When filling out this section, please include all members in your household who are:

Children age 18 or under and are supported with the household's income;
In your care under a foster arrangement or qualify as homeless, migrant or runaway youth;
Students attending Indianola Community School District, regardless of age.

- A) List each child's name and date of birth. Print each child's first name, middle initial, last name and date of birth (optional). Use one line of the application for each child. If there are more children present than lines on the application, attach a Supplemental Worksheet, which can be obtained from the school, with all required information for the additional children.
- B) Is the child a student? Mark 'Yes' or 'No' under the column titled "student" to tell us which children attend Indianola Community School District. If you marked 'Yes' write where the child attends school and write the grade level of the student in the "Grade" column to the right.
- C) Do you have any foster children? If any children listed are foster children, mark the "Foster Child" box next to the child's name. If you are *ONLY* applying for foster children, after finishing STEP 1, go to "STEP 4".

 Foster children who live with you may count as members of your household and should be listed on your application. If you are applying for both foster and non-foster children, go to step 3.
- **D)** Are any children homeless, migrant or runaway? If you believe any child listed in this section may meet this description, mark the "Homeless, Migrant, Runaway" box next to the child's name and **complete all steps of the application.**
- **E)** Share children's racial and ethnic identities (optional). Next to each child's name, we ask you to share information about your children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced price school meals.

STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN the Supplemental Nutrition Assistance Program (SNAP), Family Investment Program (FIP) OR FDPIR?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

The Supplemental Nutrition Assistance Program (SNAP-formerly Food Assistance in Iowa) The Family Investment Program (FIP)

The Food Distribution Program on Indian Reservations (FDPIR)

- If 'NO', go to STEP 3. (Leave the rest of STEP 2 blank)
- If 'YES,' provide a case number for SNAP, FIP, or FDPIR. You only need to write one case number. Case numbers are located on your Notice of Decision. Go to STEP 4.

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents. Gross income is the total income received before taxes.

Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums or any other amounts taken from your pay.

Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials have known or available information that your household income was reported incorrectly, your application will be investigated.

- A) Report total household size. Enter the total number of household members in the field "Total Household Members (Children and Adults)." This number MUST be equal to the number of household members listed in STEP 1 and STEP 3. If there are any members of your household that you have not listed on the application, go back and add them. It is very important to list all household members, as the size of your household affects your eligibility for free and reduced price meals.
- **B)** Provide the last four digits of your Social Security Number. An adult household member must enter the last four digits of their Social Security Number in the space provided.
- C) You are eligible to apply for benefits even if you do not have a Social Security Number. If no adult household members have a Social security Number, leave this space blank and mark the box to the right labeled "Check if no SSN."

FOR EACH ADULT HOUSEHOLD MEMBER:

D) List all adult household member's name. Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." Do not list any household members you listed in STEP 1.

Who should I list here?

When filling out this section, please include all adult members in your household who are:

Living with you and share income and expenses, <u>even if not related and even if they do not receive income of their own.</u>

Do not include:

People who live with you but are not supported by your household's income AND do not contribute income to your household.

Children and students already listed in Step 1.

Report earnings from work. Refer to the chart below titled "Sources of Income for Adults" and report all income from work in the "Earnings from Work" field on the application. This is usually the money received from working at jobs. If you are self-employed or farm owner, you will report your net income. If you need assistance with this, ask your children's school for the Supplemental Worksheet which has self-employment calculations.

What if I am self-employed?

If you are self-employed, report income from work as a **net** amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts and revenue. Ask your school for a Supplemental Worksheet to assist you in determining your monthly gross annual income before deductions.

Report income from public assistance/child support/alimony. Refer to the chart below titled "Sources of Income for Adults" and report all income that applies in the "Public Assistance/Child Support/Alimony" field on the application. Do not report the value of any cash value public assistance benefits NOT listed on the chart. If

income is received from child support or alimony, only report court-ordered payments. Informal but regular payments should be reported as "other" income in the next part.

Report income from pensions/retirement/all other income. Refer to Table 2 below titled "Sources of Income for Adults" and report all income that applies in the "Pensions/Retirement/All Other Income" field on the application.

Table 1. Sources of Income for Adults

Earnings from Work	Public Assistance/ Alimony/Child Support	Pensions/Retirement/All Other Income					
Salary, wages, cash bonuses Net income from self-employment (farm or business) If you are in the U.S. Military: Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) Allowances for off-base housing, food and clothing	 Unemployment benefits Worker's compensation Supplemental Security Income (SSI) Cash assistance from State or local government Alimony payments Child support payments Veteran's benefits Strike benefits 	 Social Security (including railroad retirement and black lung benefits) Private Pensions or disability benefits Regular Income from trusts or estates Annuities Investment Income Earned interest Regular cash payments from outside household 					

E) Report all income earned or received by children. Refer to the table below titled "Sources of Income for Children" and report the combined gross income for ALL children listed in Step 1 in your household in the box marked "Child Income." Only count foster children's income if you are applying for them with the rest of your household (income from a part-time job or from any funds provided to the child for the child's personal use). It is optional for the household to list foster children living with them as part of the household on an application for non-foster children.

What is Child Income?

Child income is money received from outside your household that is paid **directly** to your children. Many households do not have any child income. Use the chart below to determine if your household has child income to report.

Table 2. Sources of Income for Children

Sources of Child Income	Example(s)
Earnings from work	A child has a regular full or part-time job where they earn a salary or wages. (Infrequent earnings, such as income from occasional babysitting or lawn mowing, are not counted as income.)
 Social Security Disability Payments Survivor's Benefits 	 A child is blind or disabled and receives Social Security benefits. A parent is disabled, retired, or deceased, and their child receives social security benefits.
Income from person <i>outside</i> the household	A friend or extended family member <i>regularly</i> gives a child spending money.
Income from any other source	A child receives regular income from a private pension fund, annuity, or trust.

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.

- A) Provide your contact information. Write your current address in the fields provided if this information is available. If you have no permanent address, this does not make your children ineligible for free or reduced price school meals. Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.
- **B) Print and sign your name and write today's date.** Print the name of the adult signing the application and sign in the box labeled "Signature of adult completing the form."
- C) Mail or return completed form to: Indianola Community School District, Food Service Office, 1206 E Ashland Ave, Indianola, IA 50125. Please do not mail completed form to the Department of Agriculture as this will delay processing.
- **D)** Decline having your information released to Hawki. If you do not want your household information shared with Hawki, print, sign and date in the box provided.
- **E) Obtaining translated applications**. If you need a translated application with instructions, they can be found in 49 languages at: https://www.fns.usda.gov/school-meals/translated-applications.

USDA Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- 1. mail:
 - U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax:
 - (833) 256-1665 or (202) 690-7442; or
- 3. email:
 - program.intake@usda.gov

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lowa Non-Discrimination Statement: "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515- 281-4121, 800-457-4416; website: https://icrc.iowa.gov/."

2024-2025 lowa Application for Free and Reduced Price School Meals/Milk Complete one application per household. Use a pen (not a pencil).

Please read "How to Apply for Free and Reduced Price School Meals" for more information on completing this application.

STEP 1	List ALL Househo	old Member	s who are infa	ants, childre	en, and s	tudei	nts up {	grade 12 (if n	nore spaces	are requi	ed for addit	onal names, attac	h the sup	plemental wor	ksheet)	
Definition of Household				T							Homeless,			ONAL		
Member: "Anyone who is living with you and shares income					Date	Stu	dent			Foster Child	Migrant,	Responding to this section is optional and does not affect your children's eligibility for free/reduced price meals.				
and expenses, even if not	Child's Firs	t MI	Child's I		of		1	Child's	Grade		Runaway	Ethnicity		Race		
related." Children in Foster care and children who meet the definition of Homeless, Migrant	Name		Name	е	Birth	Yes	No	School		Check a	l that apply	H=Hispanic or Latino N=Non- Hispanic/Latino		A=Asian W=Wh merican Indian/Alas B=Black/African An ve Hawaiian/Other F	kan Native	
or Runaway are eligible for free meals. We are required to ask																
for information about your children's race and ethnicity.																
This information is important and helps to make sure we are																
fully serving our community.																
	y Household Men go to STEP 3. If y											NAP, FIP or FDP	R?			
Write only one case number in the	nis space. Medica	aid and EBT	card number	s are <u>NOT</u>	acceptal	ole.				Case	Number:					
STEP 3 Repo	rt Income for A	LL Housel	nold Membe	rs (Skip th	is step i	f you	answe	ered 'Yes' to	STEP 2)	Apply	/ Online: htt	os://www.indianola	ı.k12.ia.u	s/departments/	food-service/	
A. Total Number of All House	ehold Members	(Children +	Adults)				·	ts of Socia usehold Me	,			KX-		C. Check No SSN (adult):		
D. All Adult Household Members	(include yoursel	l f): List all H	ousehold Mem	bers not list	ted in ST	EP 1 6	even if	they do not	receive inc	ome. If th	ey do not re	ceive income fron	n any sou	ırce, write '0'. It	you	
enter '0' or leave any fields blank, y additional names, attach the sup	you are certifying (pplemental works	(promising) t heet. The se	hat there is no ources of incor	income to me for adult	report. A _l s section	pplica will h	tions w elp you	ı with the adu	ılt income. F	Report all	income in wl	mplete. If more s nole dollar amoun	paces au ts before	re required fo deductions or	r taxes.	
Names of All Adult Househo Members	old <u>Gro</u>	ss Earning			II Other Income Gross Public Assistan Support/Alimon				ony		Gros		n/Retirement			
			How Often? (ma		:)	How Often? (m					· · · · · · · · · · · · · · · · · · ·			often? (mark "X" i	n box)	
First and Last Names. Include children are temporarily away at school or in coll	lege.	Weekly		nth Mont	hly Ye	arly	Ļ	Weekl	y Bi- weekly	2x Month	Monthly		eekly	Bi- 2x weekly Month	Monthly	
	\$						\$					\$				
	\$ \$						<u>\$</u> \$					\$	-+			
	\$						\$					\$				
E. Child Income: Sometimes of	•	ousehold e	arn or receive	e income	Please		•					·	n? (mark	"X" in box)		
include the TOTAL gross earne	ed income by all	Children li	sted in STEP	1 here. T		\$		ncome Rece	eived by Al	Children	Week	ly Bi-weekly	2x Month	n Monthly	Yearly	
sources of income for children STEP 4 Conta	act Informatio					P)		PAG	F TWO	CONTAINS	MORE INFOR	MATION	I		
"I certify (promise) that all information					ted. I und	lersta	nd that	this informat							officials	
may verify (check) the information.	I am aware that if	I purposely	give false infor	mation, my	children	may l	ose me	eal benefits, a	and I may b	e prosecu	ted under a	pplicable State an	d Federa	l laws."		
Signature of adult completing	a the form				Pr	rinted	d name	e of adult o	completing	the for	m			Today's D	ate	
	9								, , , , , , , , , , , , , , , , , , ,	J						
Street Address (if available)		Apt.#	City		State		Zip		ne Phone			Email (option				
DO NOT WRITE BELOW THIS	LINE. FOR SC	HOOL AD	MINISTRATI	VE USE C	DNLY	Ret	urn c	ompleted	form to:			e 1206 E Ashl			IA 50125	
Annual Income Conversion	x52	x26	x24	x12	Yea	rlv		Total Inco	me:	Appli	cation #:		Date Red			
Household Size:	Weekly	Bi-Weekly	2x Month	Monthly	1 Ga	s ERROR PRONE APPLICATION					LICATION					
Signature and Effective Date of	f Dotormining Of	ficial	Signature	and Data	of Confir	mina	Officia	al		Sign	ature and F	ate of Verificati	on Follo	w Hn		
Application			Signature :						\ □ Home			/ay-Local Officia			-bd	
Fligibility Determination	☐ Free	1 03(01 0111	Reduced			ree I		on required,				ncomplete		☐ Over Incon		

Low-Cost Health Insurance for Children

If your children do not have health insurance, many families getting free or reduced price meals can also get free or low-cost health insurance for their children. The law requires public schools to share your free and reduced price meal eligibility information with Medicaid and Hawki, the State's medical insurance program for children. Private schools, RCCIs and childcare organizations may choose to share this information. Specifically, we will give them your child's name, your name and address. Medicaid and Hawki can only use the information to identify children who may be eligible for free or lowcost health insurance and contact you. They are not allowed to use the information from your free and reduced meal application for any other purpose or to share it with any other entity or program. You are not required to allow us to share this information, it will not affect your child's eligibility for free or reduced price meals. If you do NOT want your information shared with Medicaid or Hawki, you must tell us by completing the information below. If you want further information, you may call Hawki at 1-800-257-8563. Also, if you are already receiving Medicaid or Hawki, please sign below. This will avoid another contact.

My signature below indicates I DO NOT want school officials to share information from my free and reduced price meal application with Medicaid or Hawki.

Parent/Guardian Name (Printed) Signature

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Family Investment Program (FIP) or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use vour information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

USDA Nondiscrimination Statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation). disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508- 0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

*Do not mail applications

to this address, only

1. * mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

This institution is an equal opportunity provider.

complaints of discrimination.

policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515- 281-4121. 800-457-4416: website:

Iowa Non-Discrimination Statement: "It is the

https://icrc.iowa.gov/."

Return completed form to:

Indianola School District Food Service Office 1206 E Ashland Ave Indianola, IA 50125

Translated applications are available at: http://www.fns.usda.gov/school-meals/translated-applications

Waiver Information

If your child(ren) qualifies for free or reduced price meals, you may also be eliqible for other benefits. If you sign this waiver, your child(ren) will be considered for a full or partial waiver of school fees and drivers education. I understand that I will be releasing information that will show that I applied for free and reduced price school meals for my child(ren). I give up my rights to confidentiality for waiver of school fees and driver education ONLY. I certify that I am the parent/quardian of the child(ren) for whom application is being made. YOU DO NOT HAVE TO COMPLETE THIS WAIVER TO GET FREE OR REDUCED PRICE SCHOOL MEALS.

Parent/Guardian Signature	Date	1

Sources of Child Income

- Earnings from work
- Social Security (disability payments and survivor's
- Income from person outside the household
- Income from any other source

Earnings from Work (Adult Income Sources)

- Salary, wages, cash bonuses (before deductions or taxes) • Net income from self-employment (farm or business)
- If you are in the U.S. Military:
- a. Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances)
- b. Allowances for off-base housing, food and clothing

Public Assistance/Alimony/Child Support (Adult Income Sources)

- Cash Assistance from State/local government
- Supplemental Security Income
- Unemployment benefits
- Worker's compensation
- · Alimony or child support payments
- Veteran's benefits
- Strike benefits

All Other Income (Adult Income Sources)

- Social Security
- · Disability benefits
- · Regular income from trusts or estates
- Annuities
- Investment income
- Rental income
- · Regular cash payments from outside household

Optional Supplemental Worksheet 2024-2025 Iowa Application for Free and Reduced Price School Meals/Milk

Additional Children in Your Household (not listed on page 1)

Child's First Name	MI	Child's Last Name	Date of	Stud	ent	Child's	Grade	Grade	Grade	Grade	Grade	Grade		Grade	Grade	Grade	Foster Child	Homeless, Migrant,		OPTIONAL section is optional and does not affect your igibility for free/reduced price meals. Race
Offina 3 First Name		Office 3 East Nume	Birth	YES	NO	School			Runaway II that apply	H=Hispanic or Latino N=Non- Hispanic/Latino	A=Asian W=White I=American Indian/Alaskan Native B=Black/African American P=Native Hawaiian/Other Pacific Islander									

Any income earned by the above listed children should be included under Step 3 D on the first page of the application.

Additional Adults in Your Household (Not listed on page 1)

Names of All Adult Household Members	Gross Earnings from Work/All Other Income				<u>G</u>	Gross Public Assistance/Child Support/Alimony				Gross Pension/Retirement						
			How Ofte	n? (mark "	X" in box)			Ho	w Often? (n	nark "X" in	box)		Ho	w Often? (n	nark "X" in	box)
First and Last Names. Include children who are temporarily away at school or in college.		Weekly	Bi- weekly	2x Month	Monthly	Yearly		Weekly	Bi- weekly	2x Month	Monthly		Weekly	Bi- weekly	2x Month	Monthly
	\$						\$					\$				
	\$						\$					\$				
	\$						\$					\$				
	\$						\$					\$				
	\$						\$					\$				
	\$						\$					\$				

Self-Employment Income Calculations

This guidance will assist you in calculating the amount to report if you engage in farming, are self-employed or have income from other sources.

Self-employed persons may use income tax records for the preceding calendar year as a base to project the current year's net income, unless the current monthly income provides a more accurate measure. Report income derived from the business venture less the operating costs incurred in the generation of that income. Deductions for personal expenses such as interest on home payments, medical expenses, and other similar non-business deductions are not allowed in reducing gross business income. Additional income from other kinds of employment must be treated as separate and apart from the income generated or lost from your business venture. For example, if you operated a business at a net loss, but held additional employment for which a salary was received, the income for purposes of applying for reduced price or free meals would be the income from the salary only. The loss from the business cannot be deducted from a positive income earned in other employment. For purposes of this application, it is not possible to report a negative income from any business venture. The least income possible is zero (no income). The necessary information for arriving at allowable income from private business operation may be taken from your most recent U.S. Individual Income Tax Return - Form 1040 or 1040-SR and Schedule 1. Add together the amounts reported on the following lines:

Capital Gain or (Loss) Form 1040 or 1040-SR,LINE 7

Business Income or (Loss) Sche	dule 1 Part 1, LINE 3	\$	
Other Gains or (Losses) Schedu	le 1 Part 1, LINE 4	\$	
Rental real estate, royalties, part	tnerships, S corporations, trusts, etc. Schedule 1 Part 1, LINE 5	\$	
Farm Income or (Loss) Schedule	e 1 Part 1, LINE 6	\$	
TOTAL \$G	ross Annual Income Before Any Deductions. Report in Step 3 under All C	other Income (Computed Monthly Income \$	Gross Annual Income ÷ 12

Diet Modification Request Form

Modifications are required by The United States Department of Agriculture (USDA) to accommodate a disability. Under Section 504, the ADA, and Departmental Regulations of 7 CFR part 15b define a person with disability as any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such an impairment. "Major life activities" are broadly defined and include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. "Major life activities" also include operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.

This form must be completed by a "medical authority" that is authorized by state law to write medical prescriptions: In Iowa this includes only Medical Doctors (MD), Doctors of Osteopathic Medicine (DO), Physician's Assistants (PA), Advanced Registered Nurse Practitioners (ARNP) or Dentists.

Return the completed form to	our organization o	r provider: _		Summer Meal Provider	Day Care, Home Provider, or School)
Participant's Name:			•		Grade:
•					
Parent/Guardian:	(Name)				(Phone or email)
Describe the medical need re Example: Allergy to peanuts affer	elated to the diet orde	er and "major	ife activity" ((see above) affected.	(i none of emaily
2) Explain what must be done to	accommodate the m	nedical need:			
Food(s) or Formula to Omit:			Food(s	s) or Formula to Subst	itute:
	Comple	te the back to	provide add	itional details	
Modified Texture:	□ Not Applicable	☐ Chopped	☐ Ground	☐ Pureed	
Modified Thickness of Liquids:	□ Not Applicable	□ Nectar	☐ Honey	☐ Spoon or Puddin	g Thick
Special Feeding Equipment:	□ Not Applicable	□ Equipmen	t Needed: _		
	· ·			(Example: large	e handled spoon, sippy cup, etc.)
Infants under one year of age m	ust receive iron-fortific	ed infant form	ula or breas	st milk unless a Diet M	odification Request Form is on file.
Licensed prescribing medical pro	fessional:				
		(Name, print	or type)		(Title)
(Signature of medic	eal professional)	· · · · · · · · · · · · · · · · · · ·			(Date)
The program must make accor	nmodations for disa	abilities. Ac	commodat	ion is encouraged fo	or other medical conditions.
The parent/guardian may reques	a nutritionally equiv equivalent product: the reason for the re	alent substitu	te for fluid r	nilk without direction f Check here if you wo	rom a medical professional. This situde like to request the milk substituter.
OODA allows a parenivyuaiulan t	o արբից անծուսն ն և	Jous. Clieck	nere ii you	wish to provide the St	abstitute 1000s. 🛥
Parent/Guardian signature:	. ,	, , , , ,			Date:

This institution is an equal opportunity employer and provider.

Check the box in front of food groups that should NOT be served and list the foods to be served instead.

Lactose/milk - Do not serve the items checked below:	Serve these items instead:
☐ Fluid milk as a beverage or on cereal? ¼ cup of fluid milk to be used on cereal?yesno	
☐ Yogurt	
☐ Milk based desserts such as ice cream and pudding	
☐ Hot entrees with cheese as a prime ingredient such as grilled cheese, cheese pizza, or macaroni & cheese	
☐ Cheese baked in products such as a casserole or on meat pizza	
☐ Cold cheese such as string cheese or sliced cheese on a sandwich	
☐ Milk in food products such as breads, mashed potatoes, cookies or graham crackers	
Soy - Do not serve the items checked below:	Serve these items instead:
☐ Protein products extended with soy	
☐ Processed items cooked in soy oil	
$\ \square$ Food products with soy as one of the first three ingredients	
☐ Food products with soy listed as the fourth ingredient or further down the list	
Egg - Do not serve the items checked below:	Serve these items instead:
☐ Cooked eggs such as scrambled eggs or hard cooked eggs served hot or cold	
☐ Eggs used in breading or coating of products	
☐ Baked products with eggs such as breads or desserts	
Seafood – Do not serve the items checked below:	Serve these items instead:
☐ Fish (Cod, tuna, tilapia, haddock, salmon, etc.)	
☐ Other:	
Described Described to the standard below.	
Peanuts – Do not serve the items checked below: Peanuts, individually or as an ingredient	Serve these items instead:
Foods containing peanut oil	
Foods items identified as manufactured in a plant that	
also handles peanuts	
Tree nuts – Do not serve the items checked below:	Serve these items instead:
☐ All nuts	
☐ Food items identified as manufactured in a plant that also handles nuts	
☐ Other:	
Grains - Do not serve the items checked below:	Serve these items instead:
☐ Foods containing wheat	
☐ Foods containing gluten	
□ Oats	
☐ Other:	