

**Indianola School District
Summer Lunch Menu
Meadows**

Monday	Tuesday	Wednesday	Thursday	Friday
Jun 10	Jun 11	Jun 12	Jun 13	Jun 14
Uncrustable (1 ea.) Cheese Stick (1 ea.) Carrots (1/4 cup) Fresh Fruit (EACH) Milk (HALF PINT)	Popcorn Chicken (12 pieces) Cooked Corn (1/2 cup) Applesauce Cup (1/2 cup) Ketchup Packet (1 ea.) Milk (HALF PINT)	Breakfast Sandwich (1 ea.) Celery Sticks (1/4 cup) Strawberry Cup (1 serving) Ranch Light, Cup (1 ea.) Milk (HALF PINT)	Hot Dog (1 ea.) Hot dog Bun (1 ea.) Green Beans (1/2 cup) Frozen Juice Cup (1 ea.) Mustard Packet (1 ea.) Ketchup Packet (1 ea.) Milk (HALF PINT)	Cheese Pizza (1 ea.) Carrots (1/4 cup) Fresh Fruit (EACH) Ranch Light, Cup (1 ea.) Milk (HALF PINT)
Jun 17	Jun 18	Jun 19	Jun 20	Jun 21
Breaded Chicken Patty (1 serving) Hamburger Bun (1 bun) Tater Tots (8 pieces) Applesauce Cup (1/2 cup) Mayo Packet (1 packet) Ketchup Packet (1 ea.) Milk (HALF PINT)	Italian Cheesy Pull-Apart (1 ea.) Carrots (1/4 cup) Fresh Fruit (EACH) Marinara Cup (1 ea.) Milk (HALF PINT)	WG French Toast Sticks (3 sticks) Cheese Stick (1 stick) Sweet Potato Fries (1/2 cup) Strawberry Cup (1 serving) Syrup Cup (1 ea.) Ketchup Packet (1 ea.) Milk (HALF PINT)	Cheese Stuffed Breadstick (2 ea.) Marinara Cup (1 ea.) Sugar Snap Peas (1/4 cup) Frozen Juice Cup (1 ea.) Milk (HALF PINT)	Sausage Pizza (1 Piece) Carrots (1/4 cup) Fresh Fruit (EACH) Ranch Light, Cup (1 ea.) Milk (HALF PINT)
Jun 24	Jun 25	Jun 26	Jun 27	Jun 28
Chicken Nuggets WG (5 ea.) Potato Wedge (1/2 cup) Applesauce Cup (1/2 cup) Ketchup Packet (1 ea.) Ranch Light, Cup (1 ea.) Milk (HALF PINT)	Turkey & Cheese Sandwich (EACH) Cheetos (1 pkg) Carrots (1/4 cup) Fresh Fruit (EACH) Ranch Light, Cup (1 ea.) Milk (HALF PINT)	Chicken Strips (3 each) Cooked Corn (1/2 cup) Strawberry Cup (1 serving) Ketchup Packet (1 ea.) Milk (HALF PINT)	Corn Dog (1 ea.) Green Beans (1/2 cup) Frozen Juice Cup (1 ea.) Ketchup Packet (1 ea.) Milk (HALF PINT)	Pepperoni Pizza (1 slice) Baby Carrots (1/4 cup) Fresh Fruit (EACH) Ranch Light, Cup (1 ea.) Milk (HALF PINT)