

Middle School Bowling

AT BOWLERAMA LANES

GRADES 5-8

Sign-Up at Bowlerama Lanes

1313 E Diehl Ave
Des Moines
Friday Feb 24th &
Monday, Feb. 27
4:00-5:00 pm

Practice schedule and program information packets will be distributed.

Schools:

Brody MS
Weeks MS
McCombs MS
Carlisle MS
Indianola MS
Norwalk MS
Pleasantville MS

More information on reverse side!

Join Your School's Team - NO CUTS - Have FUN

Short & Flexible 8 Week Program

No CUTS - ALL Students Make the TEAM

No one rides the bench - EVERYONE Bowls!

Get your friends together and join the team!



**Bowling is America's
#1 participation sport!
70 million people bowl
each year!**

**Everyone loves bowling, having fun,
getting better & making new
friends! It sure beats watching TV
or spending hours on social media!**

Coaches Wanted!

Would you like to be a coach for your school?
Contact Christie Hughes at 641-792-2695 to get signed up!
FREE Coaches RVP certification and workshop
online through USA Bowling.

Is Your School NOT listed?

The Middle School Bowling Program is open to all Iowa Middle Schools. If your school is not listed, please contact Bev Van Blair at the IBPA to get your school registered!
Phone: 515-255-0808 | Email: iowabowling@iowabpa.org

Program fee?

A one time bowler fee of \$85 pays for the entire program!

This includes all bowling during practices, matches & select tournaments!

Uniforms and awards are also included!

WHY BOWL?

Joining your Middle School Bowling Team is a great way to prepare for High School Bowling opportunities that exist in Iowa!

High School bowling is the fastest growing high school sport in the country!

Now more than 250 colleges offer bowling as a sport with half of those now offering full or partial scholarships to student athlete bowlers!

In addition to scholarships awarded by colleges around the country, the local Iowa Grand Prix and the Iowa Bowling Council also award scholarship money to Iowa Youth bowlers!

When are practices?

2 to 3 Practices & competition will be held weekly starting March 1, 2023

Practices will last approximately 1 1/2 hours.

Is transportation provided?

School transportation is not provided.

When are competitions?

Matches are held after school and will last approximately 1 1/2 hours. Schedule TBD.

How many on a team?

Teams will be made up of 4-5 bowlers. We will put bowlers together to make teams if necessary!

Do I need to be a good bowler?

NO bowling experience necessary!

Everyone makes the team!

Our coaches will make the program fun and you will become a better bowler!



In addition to the local Middle School competitions, teams and individuals may choose to participate in the Iowa Middle School State Championship!

Date: Saturday, April 15, 2023 at Great Escape
In Pleasant Hill

Scholarship money awarded to the top bowlers at the Middle School State Championship!