FREE YOUTH ENRICHMENT PROGRAMS





NURTURING YOUR CHILD'S POTENTIAL

Would you like your child to participate in age-appropriate activities and beat the winter blues? Check out the programs we are offering this winter! Youth Enrichment Programs are free for Y Members; a fee will apply for non-members.

<u>Kids Fit (k-5th):</u> Moving kids toward a healthy lifestyle. giving children the opportunity to participate in regular physical activity and to learn about healthy behaviors. Kids Fit is designed to engage children in moderate to vigorous physical activity.

<u>Got Science (K-5th)</u>: Movement, motion, and science, oh Y! Hypotheses and experiments await you in this course dedicated to science. Enjoy the wonders of the scientific world through messy and fun experiments.

<u>Little Scientists (3-5 yrs)</u>: Learn , discover and achieve in this engaging , interactive, hands-on class. Children will satisfy their curiosity as we explore and conduct simple science experiments that help investigate the world around us!

<u>Diggin' Dinos (3-5 yrs.):</u> Little Archaeologist unite! Hear us roar in our dino program as children have the opportunity to learn about their favorite gentle giants and outstanding <u>predators. We will learn</u> about dinosaurs through crafts, games, and more!!!

<u>Rookie Soccer (3–5 yrs)</u>: Rookie soccer is a preschool level program that introduces kids to sports through and environment that focus on exercise, socialization and teamwork and consists of loosely structured play to help kids develop motor skills, builds confidence and enhance socialization skills.

CONTACT US

Phone 515-777-7746 Web: dmymca.org diane.thomas@dmymca.org

INDIANOLA YMCA

306 E. Scenic Valley Ave. Indianola, IA 50125

This is not an Indianola Community School
District publication, nor is it in any way
endorsed or sponsored by the district. This
publication is being provided only to inform the
viewer of other available community activities
and opportunities.