

JULY 29 - AUGUST 1 5:15-6:45PM IHS GIRLS SOCCER SUMMER CAMP!

For all 3rd through 8th grade Girls Soccer Players

This 4-day camp is designed to expose and prepare middle school girls soccer players to the environment, competitiveness, and training speed of high school soccer. As well as get up and coming elementary school girls soccer players interested in playing soccer before and during high school. (The two age groups will be split during camp sessions.)

Under the direction of head coach, Mackenzie Stump and her staff, the week will be filled with fun challenges, program specific drills and activities that the athletes will experience regularly as a soccer player! The campers will get to work with the current Indianola team during camp as well! What a great way to spend a week during summer and get a jump on elevating your game to the next level!



Individual goal setting 4 days of training with the High

Contact Coach Stump: stumpmackenzie@gmail.com (319) 350-0009

Checks: Indianola Girls Soccer

Please Bring: cleats, indoor shoes, shin guards, soccer socks and water.

Provided: all soccer equipment

Indoor Location (if needed): Middle School Fieldhouse, time TBD

REGISTRATION FORM:

FIRST NAME:	LAST:
GRADE LEVEL:	T-SHIRT SIZE:
YEARS EXPERIENCE:	
CURRENT TEAM:	
MEDICAL OR PHYSICAL LIMITATIONS:	
PARENT/EMERGENCY CONTACT INFORMATION:	
FIRST NAME:	LAST:
PHONE NUMBER: ()	EMAIL:
ADDRESS:	
PAYMENT METHOD: CHECK:	CASH:

Camp Information: We are excited to have you join us for camp! It is going to be a great way to get a sense of what high school soccer is all about, as well as to get to know the coaching staff and players! We are just as excited to get to know you and begin to do our part to help your soccer development!

The Summer Soccer camp is scheduled to run Monday-Thursday from 5:15-6:45 on the Indianola Turf Field. Please be early and prepared with cleats, shin guards, soccer socks, water, and anything else you might personally need. We will provide soccer balls to use, but you may bring your own if you wish.

Weather in July will be humid and hot. Please dress appropriately. If the weather is so dangerously hot that we are not able to be outside, we will have time reserved in the Middle School Fieldhouse. We will not know our time slot until the day of. Your contact information is pertinent to help communicate any changes. If for some reason we are not able to be outside or indoor then we will cancel that day and <u>will not</u> make it up.

The goal is to have T-shirts available at the start of camp. If your registration comes in closer to the camps start day there is a chance that your shirt will need to be mailed at the conclusion of camp.

All payments are non-refundable. The only instance in which refunds will be honored is if we do not have enough athletes registered and are forced to cancel the camp. I do not foresee this as a likely possibility.

Please return this form with payment to the High School Athletic Office as soon as possible. I will pick forms up each week and confirm your registration via email.

GO INDIANS!