

# SIMPSON TRACK & FIELD



## 2019 Simpson College Track & Field Summer Youth Camps Buxton Stadium

Athletes will learn:

- warm-up, flexibility & mobility exercises;
- sprint drills to reinforce proper running mechanics ;
- introduction to field events, hurdles & relays;
- how to become a better overall athlete in a safe & fun environment!

**June 17-21, 2019**                      or                      **June 24-28, 2019**  
8am-10am, Grades 2-5 (2018/19)                      8am-10am, Grades 2-5 (2018/19)  
10am-12pm, Grades 6-8 (2018/19)                      10am-12pm, Grades 6-8 (2018/19)  
\$85/child per session (\$75/child if multiple children from same family)  
Dave Cleveland, Head Coach  
961-1402 (office), 971-6318 (cell), dave.cleveland@simpson.edu

---

Child's Name \_\_\_\_\_ Grade (2018/19) \_\_\_\_\_

Parent(s) Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Session (circle one)    June 17-21 (\$85)                      June 24-28 (\$85)                      Both Sessions (\$150)

T-shirt size (circle one)    YS    YM    YL    YXL    AS    AM    AL

Please make checks payable to: Simpson Track & Field  
Mail Registration & money to: 701 North C Street, Indianola IA 50125  
Check-In & on-site registration at north concession stand (t-shirt size not guaranteed).

I hereby authorize Simpson College Track & Field to act for me according to their best judgment in any medical emergency situation when attempts to contact me have failed. I also hereby waive and release the camp and its staff of all liability for any illness or injury incurred by the above participant while in camp and while traveling to and from camp.

Parent or Guardian Signature \_\_\_\_\_