



THE FUN TIMES

COOKING CLASSES FOR ELEMENTARY STUDENTS, FALL 2018

Hy-Vee's kids cooking classes are a great way to get your children to try new foods while being hands-on in the kitchen. Your child will have the chance to learn about the importance of including all the food groups in his/her diet. Join **Hy-Vee Dietitian, Denise Boozell**, for a fun, hands-on hour of measuring, stirring, preparing, and sampling nutrition-packed recipes.

Days: Tuesdays **Time:** 4:00 - 5:00 pm **Min/Max:** 5/10
Location: Indianola Activity Center Kitchen
Fee: \$18.75 (\$15)

Kids Cook • Grades 1-3

It's a Camp Out

Before camping season ends, let's be creative in the kitchen with some favorite campfire treats!

Program # 5742
Date: Tuesday, September 18
Registration Deadline:
Tuesday, September 11, or when full

Fall Favorites

Let's "fall" for pumpkins, bonfires, s'mores, autumn leaves, and apples! This cooking class is all about the Fall favorites.

Program # 5743
Date: Tuesday, October 16
Registration Deadline:
Tuesday, October 9, or when full

Kids 'n the Kitchen • Grades 4 & 5

End of Summer Cookout

Don't want summer to end? Let's have an end of summer cook out with a few BBQ favorites!

Program # 5744
Date: Tuesday, September 25
Registration Deadline: Tuesday, September 18, or when full

Scientist in the Kitchen

Calling all kids for an hour of mad-fun food experiments!

Program # 5745
Date: Tuesday, October 23
Registration Deadline: Tuesday, October 16, or when full

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