

## 2018 Simpson College Track & Field Summer Youth Camps Buxton Stadium

## Athletes will learn:

Session (circle one)

T-shirt size (circle one) YS

warm-up, flexibility & mobility exercises;

lune 11-15, 2018

- sprint drills to reinforce proper running mechanics;
- introduction to field events, hurdles & relays;

June 11-15 (\$85)

YM

ΥL

• how to become a better overall athlete in a safe & fun environment!

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8am-10am, Grades 2-5 (	2017/18)	8am-10am, Grades 2-5 (2017/18)	
10am-12pm, Grades 6-8	(2017/18)	10am-12pm, Grades 6-8 (2017/18)	
\$85/child p	er session (\$75/ch	ild if multiple children from same family)	
	Dave Cle	eveland, Head Coach	
961-140	2 (office), 971-631	.8 (cell), dave.cleveland@simpson.edu	
Child's Name		Grade (2017/18)	
Parent(s) Name		Cell Phone	
Email Address		<u>-</u>	

Please make checks payable to: Simpson Track & Field
Mail Registration & money to: 701 North C Street, Indianola IA 50125
Check-In & on-site registration at north concession stand (t-shirt size not guaranteed).

YXL

June 18-22 (\$85)

AS

I hereby authorize Simpson College Track & Field to act for me according to their best judgment in any medical emergency situation when attempts to contact me have failed. I also hereby waive and release the camp and its staff of all liability for any illness or injury incurred by the above participant while in camp and while traveling to and from camp.

Parent or Guardian Signature	
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AM

ΑL

Both Sessions (\$150)

lune 18-22, 2018