



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CONFIDENCE COMPETITION SUCCESS



## INDIANOLA TIDE SWIMMING “TRY-OUTS”

*We don't want you to try out **FOR** the team,  
We want you to **TRY OUT** the team.*

### Visit Us On Try Out Night And See How You Like It!

Come try out the Indianola Tide Swimming Team. Join in the fun and see what all the excitement is about! Coaches will be available to answer your questions. There is no obligation and the intent of the evening is to have some fun, meet some swimmers, make some friends, and get some questions answered. You'll find our knowledgeable coaching staff friendly and willing to help you improve your swimming ability.

### Who Can Come?

Any swimmers, aged 6 to 18, are welcome to come and try out the swimming team. Here's your chance to see what it's all about and what you can expect to learn and do in the next swimming season. Come join the fun!

### When

Monday, Tuesday, and Thursday nights March 26th, 27th, and 29th from 6:00—7:00 pm at the Indianola YMCA Pool. 7:00—7:30 pm for questions and evaluations. There is no need to register ahead of time. Just show up and join in! We would like for you to attend all three nights. We want you to get a good feel for the team and coming all three nights will help to achieve that.

### Vision Statement

The primary vision of the Indianola YMCA TIDE swimming team, is to instill a life-long love of the sport of swimming, through the YMCA core values of youth development, healthy living and social responsibility. The goal of the TIDE swimming team is to empower our swimmers to become the best they can be as a person and an athlete.

## Registration now OPEN for our spring/summer swim team season!

All swim team participants must be a YMCA member AND register online through our Team Unify website:

[https://www.teamunify.com/Home.jsp?\\_tabid\\_=0&team=yymca-2165](https://www.teamunify.com/Home.jsp?_tabid_=0&team=yymca-2165)

or search: “des moines yymca swim team”

**Practice starts Monday, April 2nd**

Contact Tiffany Scovel with questions: [Tiffany.Scovel@dmymca.org](mailto:Tiffany.Scovel@dmymca.org)