

DES MOINES



EXPERIENCE SUMMER!

2018 Camp Fire
Summer Camp Guide



Camp Fire
Heart of Iowa



What Is Camp Fire? It's a way of life.

For more than 100 years, Camp Fire has been providing a nurturing, constructive and fun environment for young people to light their fires within – to discover who they are, become strong leaders and contribute to their community.

In collaboration with highly trained, caring adults, Camp Fire's programs also connect young people with nature. Camp Fire offers day camps, overnight camps, environmental education and short-term outdoor programs that include day trips. At camp, youth from different backgrounds develop important skills, such as self-reliance and problem-solving, while interacting with natural surroundings and enjoying fun activities, such as swimming, archery, hiking and so much more!

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DAY CAMPS

Our day camp programs immerse participants in nature to learn, explore and grow together while developing a lifelong respect for the outdoors.

Campers go on exciting field trips, play games, make crafts, go swimming and form great new friendships!



DAY CAMP

Camp Discovery

Designed for campers who enjoy spending time outside, playing games and making crafts. Campers form new friendships as they swim, explore nature and go on exciting field trips!

COST	\$195/week
GRADES	1st - 6th
SWIMMING	Tuesday and Thursday
LUNCH	Bring a sack lunch and drink
SNACKS	Provided
FIELD TRIP	Wednesday

Register online at campfireiowa.org

- June 4-8 Rio Carnival** Join us for our Rio inspired party for the start of Summer 2018 with Carnival costumes, a Samba Parade and more!

- June 11-15 Go Cubs Go!** Nothing beats an old-fashioned ball game! Get your glove ready as we take a field trip to Principal Park to cheer on the Cubbies!

- June 18-22 Journey to the Jungle** Summer is about to get WILD as we track our favorite animals at the Blank Park Zoo.

- June 25-29 Mythbusters** Test your inner skeptic and debunk some of your favorite myths and urban legends as we head to the Science Center of Iowa for a spectacular field trip!

- July 2-6 Yankee Doodle Pops** Get your red, white, and blue on as we celebrate the 4th of July this week with games, crafts, and a trip to the skating rink!
No Camp July 4th

- July 9-13 Shipwreck Island** Ahoy, matey! Hoist your sails and walk the plank as we plunder treasure chest full of fun and games!

- July 16-20 Exploration Space** This week will be out-of-this-world as we take a look into deep space and defy gravity. Join us, as we head to Sky Zone Indoor Trampoline Park for our field trip!

- July 23-27 Pirate Party** Grab your eye patches and parrots as we sail the seven seas and make a pit stop at Prairie Ridge Aquatic Center.

- July 30-August 3 Campers VS Counselors** Campers and counselors will go head to head to see who can win the most challenges at camp and ride the scariest rides at Adventureland!
Additional \$25 Fee

- August 6-10 Disco Dayzz** It's all about fun in the sun! Join us for a week of splash pads, cannon balls, and a trip to an aquatic center!

- August 13-17 The Last Hurrah!** Come enjoy one final big bang and make your mark on Camp Discovery as we host our 3rd Annual Disco Awards Ceremony!

Drop-off sites	Drop-off time	Pick-up time
Camp Fire Service Center, Des Moines	7:00-8:30 am	4:00-5:30 pm
Plymouth Church, 4126 Ingersoll Ave, Des Moines	7:00-8:30 am	4:00-5:30 pm
Lutheran Church of the Cross, 1701 8th St SW, Altoona	7:00-8:00 am	4:30-5:30 pm

DAY CAMP

Camp Outrageous

Campers make friends and grow into leaders through "outrageous" activities like rock climbing, target sports, paintballing and more!

COST	\$200/week
GRADES	6th - 10th
SWIMMING	Tuesday and Thursday
LUNCH	Bring a sack lunch and drink
SNACKS	Provided
FIELD TRIP	Wednesday and Friday

Register online at campfireiowa.org

- June 4-8 Summer Fun 101** School's out for SUMMER! Join Camp Outrageous as we get things rolling with a trip to ICU Paintball at the end of the week!
Optional \$30 Paintball Fee

- June 11-15 Take Me Out to the Ballgame** Get your game face on as we cheer on the Iowa Cubbies and then cross town to take on Canwita in an all camp Kick-ball game!

- June 18-22 Water Wars** Beat the heat with a water balloon fight, ice block races, water games, and a trip to Cascade Falls!

- June 25-29 Kindness Crusaders** Time to give back this week. Campers will participate in a variety of goodwill projects and will finish the week off at an awesome aquatic center!

- July 2-6 Hero's Journey** How high is too high? Test your limits on the extreme rock wall side at Hantesa, conquering greatness, and being all you can be at Climb Iowa.
No Camp July 4th

- July 9-13 Ninja VS Zombie** Who will prevail in the ultimate summer battle?! Hone your skills through the week for the ultimate test at ICU Paintball!
Optional \$30 Paintball Fee

- July 16-20 I Can Canoe, Can You?** This week will be water-filled with a canoe trip at the lake, swimming, and a special Outrageous trip to Lost Island Water Park! (Pick-up time at 6 pm.)
Additional \$25 Fee

- July 23-27 World Explorers** Grab your back pack as we hit the hills of Hantesa and climb our way through the high ropes course, with an amazing finish at Get Air Trampoline Park.

- July 30-August 3 Incredible Adventures** Join us for a week of extreme fun through games, obstacles, and a trip to Adventureland!
Additional \$25 Fee

- August 6-10 Sidekick Superheros** Grab your cape this week as we take a "Leap of Faith" and make some Outrageous memories!

- August 13-17 The Grand Finale** Join us for our final week of Outrageousness! We'll recap the best of the best from the summer and finish with our two best field trips, laser tag and paintball!
Optional \$30 Paintball Fee

Drop-off sites	Drop-off time	Pick-up time
Camp Fire Service Center, Des Moines	7:00-9:00 am	4:00-5:30 pm
Plymouth Church, 4126 Ingersoll Ave, Des Moines	7:00-8:30 am	4:00-5:30 pm
Lutheran Church of the Cross, 1701 8th St SW, Altoona	7:00-8:00 am	4:30-5:30 pm

DAY CAMP

Camp Hantesa

Campers will travel to Camp Hantesa in Boone to explore nature in full force as they participate in a true summer camp experience.

COST	\$195/week
GRADES	1st – 8th
SWIMMING	Daily
LUNCH	Provided
SNACKS	Provided

Register online at campfireiowa.org

June 4-8	Welcome Back School is out and we will start off our summer by exploring all that Hantesa has to offer, including water games, sports, arts and crafts and much more!
June 11-15 <i>Optional Pony Ride: \$20</i>	Sports of All Sorts Frisbee, cricket, soccer, and more await our campers this week! Get your game face on and come ready to score 'cause we've got something for everyone this week!
June 18-22 <i>Optional Overnight: \$40</i>	Camping 101 This week we focus on classic camping skills! Learn how to make a fire, tie knots, build a shelter, or cook meals over a fire!
June 25-29 <i>Optional Pony Ride: \$20</i>	Under the Sea Take a dive into a week of water activities with swimming, water sports, aquatic ecology, and more!
July 2-6 <i>No Camp July 4th</i> <i>Optional Overnight: \$40</i>	Lights, Camera, Action! Explore the world of performing arts at camp! Make a puppet show, learn a new dance, experiment with instruments, or act in your own play – we'll try it all this week!
July 9-13 <i>Optional Pony Ride: \$20</i>	Adventures in Art! Come to camp this week and learn all about expressing yourself through various forms of art! We'll experiment with painting, drawing, ceramics, and more!
July 16-20 <i>Optional Overnight: \$40</i>	Around the World (In 5 Days) Come along and learn about cultures from around the world; fantastic new sports, arts, foods and more await you this week at camp!
July 23-27 <i>Optional Pony Ride: \$20</i>	Nature Unleashed Plants, animals, weather, constellations – this week we'll explore it all! Come along on our voyage of discovery as we learn all we can about the natural world around us!
July 30-August 3 <i>Optional Overnight: \$40</i>	Hantesa Olympics This week all of our day camps compete for gold in the 2018 Hantesa Summer Olympic Games! Campers will compete in all manner of camp activities including sports, arts, trivia, and more!
August 6-10 <i>Optional Pony Ride: \$20</i>	Mad Science This week we explore the world of STEM (science, technology, engineering, and math) with robotics, chemistry, ecology, and meteorology!
August 13-17 <i>Optional Overnight: \$40</i>	Best of the Best Take a trip back through the summer and revisit all of our favorite camp activities – nature, sports, art, water games - we've got it all this week!
August 20-22	The Last Hurrah This week, campers lucky enough to still be celebrating summer will join our counselors in making the most of our last few days with a little bit of everything camp has to offer!

Drop-off sites	Drop-off time	Pick-up time
Camp Fire Service Center, Des Moines	7:00-8:00 am	4:30-5:30 pm

Drop-off site applies to Hantesa, Hantesa Outrageous, and Equestrian Day Camps.

Equestrian

Campers will travel to Camp Hantesa in Boone to learn about riding horses and equestrian care.

DAY CAMP

COST	\$270/week
GRADES	4th – 10th
SWIMMING	Daily
LUNCH	Provided
SNACKS	Provided

Register online at campfireiowa.org

June 4-8	June 11-15	June 18-22 <i>Optional Overnight: \$40</i>	June 25-29	July 2-6 <i>No Camp July 4th</i> <i>Optional Overnight: \$40</i>	July 9-13
July 16-20 <i>Optional Overnight: \$40</i>	July 23-27	<i>July 30-August 3</i> <i>No Camp</i>	August 6-10	August 13-17 <i>Optional Overnight: \$40</i>	

Each day, campers will spend the morning at the barn and the afternoon swimming at camp. Campers will learn horse science, English riding and barn management. Beginners to advanced riders welcome. Riding will depend on day-to-day weather conditions. **In order to participate, ALL campers are required to wear long pants, boots and helmets.

Helmets are provided by Camp Hantesa. Boots are available on a limited basis.

Hantesa Outrageous

Campers will head to Hantesa in Boone for action-packed days and exciting activities that include field trips, climbing, archery, canoeing and more!

COST	\$200/week
GRADES	5th – 10th
SWIMMING	Weekly
LUNCH	Provided
SNACKS	Provided

June 4-8	Climb On Reach new heights this week as we climb the Hantesa and Climb Iowa rock walls, challenge ourselves on the high ropes course and learn about rock cutting!
June 11-15 <i>Optional Pony Ride: \$20</i>	Spectacular World of Sports This week we enjoy some friendly competition with Frisbee golf, kickball, a trip to an Iowa Cubs game and more!
June 18-22 <i>Optional Overnight: \$40</i>	Inventor's Workshop Come along this week as we explore the world of STEM with robotics, rocketry, ecology, and a trip to the Science Center!
June 25-29 <i>Optional Pony Ride: \$20</i>	Ready, Aim, Fire! Explore the world of target sports at camp this week with archery, riflery, slingshots, paintball, and more! <i>Optional \$30 Paintball Fee</i>
July 2-6 <i>No Camp July 4th</i> <i>Optional Overnight: \$40</i>	Survivor: Hantesa Outwit, outplay, outlast! This week we learn about outdoor living, fire building, and orienteering! We'll also take a trip to track down some local geocaches!
July 9-13 <i>Optional Pony Ride: \$20</i>	Water Wars This week we make for the water with canoe games, swimming, water balloons and a canoe trip down the Des Moines River!
July 16-20 <i>Optional Overnight: \$40</i>	Around the World (In 5 Days) Come and learn about cultures from around the world; cool new sports, arts, food and more await you at camp, along with a trip to the Blank Park Zoo!
July 23-27 <i>Optional Pony Ride: \$20</i>	Explore Iowa Each day this week, campers will take a trip to one of Iowa's parks or historic landmarks to discover what makes Iowa unique!
July 30-August 3 <i>Optional Overnight: \$40</i>	Hantesa Olympics Go for the gold! Campers will compete in all manner of camp activities including sports, arts, trivia, and plenty of water games during our trip to Don Williams Lake!
August 6-10 <i>Optional Pony Ride: \$20</i>	Artful Antics This week is all about self-expression through art! We'll explore the mediums of painting, ceramics, and more as we take a trip to the Des Moines Art Center & Sculpture Park!
August 13-17 <i>Optional Overnight: \$40</i>	Best of the Best Take a trip back through the summer and revisit all of our favorite camp activities – nature, sports, art, water games - we've got it all this week!



OVERNIGHT CAMPS

at Camp Hantesa in Boone

Campers spend their days swimming and engaging in enriching activities, and nights sitting around the campfire at Camp Hantesa in Boone. Campers will have loads of summer fun learning to become independent, making new friends and sleeping under the stars.



OVERNIGHT CAMP

Hantesa Resident Traditional Camp

COST \$500/week
GRADES 1st - 12th

Register online at campfireiowa.org

June 10-16 **Wet & Wild** Join us this week as we embrace water and all of the activities that come with it, including water balloons, slip-and-slides, swimming, canoeing and much more!
Optional Saturday Overnight: \$70

June 17-23 **Full STEAM Ahead** This week we delve into the world of STEAM (science, technology, engineering, art, and math) to explore new and exciting topics like meteorology, robotics, glass beading, ceramics, astronomy, and more!

July 8-14 **Summer Camp Cup** Campers and counselors come together to compete as two teams for the Hantesa Summer Camp Cup! Campers will compete in games, cleanest cabin cook-offs, arts and crafts, and much more - all for glory, points, and prizes!
Optional Saturday Overnight: \$70

July 15-21 **Mash-Up** Search and rescue, astronomy in canoes, musical theater, nature art and much more! This week we mash up all of our favorite Hantesa crafts for a week of new, once-in-a-lifetime experiences and activities!
Optional Saturday Overnight: \$70

July 22-28 **WoHa Week** We welcome you to Hantesa - we're mighty glad you're here! WoHa week features long-time Hantesa traditions, some dating back to our founding in 1919. Learn camp stories, sing traditional camp songs and participate in all of the things that make Hantesa special!

OVERNIGHT CAMP

Hantesa Resident Mini Camp

COST \$250/session
GRADES 1st - 4th

Register online at campfireiowa.org

August 8-11 Mini Camp is the perfect option for new campers who want to experience resident camp for the first time. During this 4-day, 3-night session, campers will explore Hantesa traditions and participate in the fun activities camp has to offer, including climbing, swimming, drama, sports, games and more!
Optional Pony Ride: \$20

OVERNIGHT CAMP

Herman's Ranch Camp

COST | \$575/week
GRADES | 4th - 12th

Register online at campfireiowa.org

- June 10-16*** If horses are your passion, then Herman's Ranch is the perfect camp experience for you. Spend the morning at the barn and the afternoon participating in traditional camp activities. Campers spend each day in English-style riding lessons, honing riding skills and horse science lessons.
- June 17-23**
- July 8-14*** Campers are assigned horses and instructed by our qualified staff based on riding level.
- July 15-21*** Beginners to advanced riders are welcome! *Optional Saturday Overnights for Each Week: \$70
- July 22-28**

OVERNIGHT CAMP

Teen Leadership Camp

Register online at campfireiowa.org

June 17-30 Leadership Challenge (LC) and Buckaroo During this two-week overnight camp session, campers begin to define themselves as leaders at camp and in life. Activities include team challenges, studying mentoring styles, developing citizenship through service learning and interacting as role models with younger campers. Similarly, Buckaroos begin working on their leadership and horsemanship skills. Buckaroos spend time at Herman's Ranch, developing their teaching abilities and horse knowledge, as well as increasing their riding skills.

July 1-28 Apprentice and Wrangler The Apprentice and Wrangler program at Camp Hantesa is a service-oriented, four-week program that readies high school students for future leadership roles. Typical apprenticeships are two summers in length. This program helps teens develop leadership, communication and program delivery skills. Participants will also live in units to learn directly from our exceptional staff. Wranglers also spend part of their time at the barn and conduct their live-ins at Herman's Ranch.

OVERNIGHT CAMP

Outpost Camp

GRADES | 7th - 12th

Register online at campfireiowa.org

- July 1-7 Canoe Outpost Trip in Minnesota** Immerse yourself in the outdoors this week as we glide across the still lakes of Minnesota! Spend a week traveling and camping with our staff, all while learning about canoeing and outdoor living!
- July 29-August 4 Equestrian Outpost** If you love horses and camping, then this is a trip you won't want to miss! Spend a week riding and camping at Bushy Creek Recreation Area with our amazing staff!

THINGS TO KNOW

Who Can Attend: All boys and girls entering grades 1-12. Please see each camp for specific information. Campers do not need to be Camp Fire members.

Camp T-shirts: Each camper will receive one free Camp Fire t-shirt at no cost. They are required to wear this shirt on all major field trips.

Registration Deadline: Sessions are filled on a first come, first served basis. Registrations and payments are due at least five business days prior to the session your camper is attending.

Payment and Cancellation Policy: The Camp Fire day camp weekly fees are listed on their pages; you only pay for the weeks you want! A \$20 deposit for each day camp week or \$100 for each overnight camp session is required with registration. Deposits are non-refundable and non-transferable. The balance of the fee is due the

Monday (or five business days) prior to the week attending. Fees may be paid with cash, a major credit card or a check payable to Camp Fire. Any program adjustments made after 5:00 pm, five days in advance, will be assessed an administrative fee of \$10. An administrative fee of \$10 per child will be added if you register with fewer than five business days' notice. Program cancellations made after 5:00 pm five business days in advance can not be refunded. If payment in full is not received five business days prior to the start date, the credit card on file will automatically be charged the full amount, or a late payment fee of \$10 will be assessed.

Payment Methods: Cash, check or credit card. Our programs also qualify for most flex spending accounts.

Scholarships: A limited amount of "campership" funding is available on a first come, first served basis. Visit

our website to download the form, or contact the Camp Fire Service Center for more information. This form must be submitted to the Camp Fire office with the necessary documentation (found on the application) as well as a program registration form.

Additional Information: A health and consent form, rules/policies, confirmation and more information will be sent upon receipt of your registration form. If you have questions, call the Camp Fire office at 515-274-1501. Additional information is also available on our website.

This publication is being provided as a courtesy to inform you of other community activities and opportunities available and is not associated with any school district.

**LIGHT THE
FIRE WITHIN**



Phone: 515-274-1501

Fax: 515-274-1502

www.campfireiowa.org



ACA is a nationally recognized organization that accredits camps and outdoor programs around the country.



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