

New the Week of October 16, 2023

7th & 8th Grade Boys & Girls Wrestling

Wrestling practices will begin this Thursday, October 19th right after school. Athletes will practice Mondays thru Fridays from 3:30-5:15.

The parent meeting for wrestling athletes will take place Monday, October 23, at 5:30 in the MS cafeteria.

If you have questions, please check the email sent by the Indianola Activities office last week, or contact the following:

Ben Lange – IMS Activities Director – <u>Ben.lange@indianola.k12.ia.us</u>

Coach Aldridge – Boys Wrestling Coach – <u>casey.aldridge@indianola.k12.ia.us</u>

Coach Gomez – Girls Wrestling Coach – Vinny.gomez@indianola.k12.ia.us

Girls 7th & 8th Grade Basketball

The Indianola Activities Office emailed parents information about 7th & 8th Grade Girls Basketball last week.

Practice will start after school this Thursday, October 19th. Parent meetings will take place right after practice.

*7th: 4:45 in room 303 (room next to fieldhouse concession stand)

*8th: 5:00 in the Blake Fieldhouse

Please refer to that October 10th email for more details. If you have questions, contact the following:

Ben Lange – IMS Activities Director – Ben.lange@indianola.k12.ia.us

Coach Evans – 7th Grade Head Coach – Stacy.evans@indianola.k12.ia.us

Coach Percy – 8th Grad Head Coach – Melinda.percy@indianola.k12.ia.us

7th & 8th Grade Boys Basketball

Boys Basketball does not begin until after Winter break. Sign-ups will be released sometime in November.

NO SCHOOL

Monday, October 16th OR Tuesday, October 17th.

Enjoy the break!

Tutoring will resume Thursday, October 19.

From the Counselors

Second Step

6th Grade: Lesson 4: Making Goals Specific

Summary:

In this week's lesson, your child will learn how to identify and set achievable goals by making them specific.

Question:

Ask your child to tell you about a specific goal they're interested in working toward and what makes it specific.

7th Grade: Lesson 4: Identifying Roadblocks

Summary:

In this week's lesson, your child will identify and distinguish between internal and external obstacles (or "roadblocks") that can get in their way when working toward goals.

Question:

Tell your child about a roadblock you encountered when you were working toward a goal, and if you had control over the roadblock.

8th Grade: Lesson 4: Harnessing My Strengths

Summary:

In this week's lesson, your child will choose something they'd like to get better at and think about how they could apply their unique strengths to do that.

Question:

Help your child make a list of strengths they have. Ask your child about how they could use these to get better at a new skill.

Digital Citizenship Week

We will have dress-up days to promote digital well-being.

Wednesday October 18: Unity Day. Wear orange, which represents standing up against bullying.

Thursday, October 19th: Pajama Day. Wear pj's to get ready for a restful night of sleep, without any tech notifications.

Friday, October 20th: <u>Wear Green Day</u>. Wear green, the color that represents mental health awareness

Grades and Eligibility to Participate

Your 1st quarter final grades determine your eligibility for 1st/2nd quarter activities (basketball-both boys and girls, wrestling, show choir, jazz band, and any other extracurricular activity).

Please make sure you stay current on your work, and make every effort to improve low grades. Grades will be final at the end of 1st quarter. We want to see all kids be able to participate in activities, but your grades and effort determine that involvement.

IMS offers tutoring if you are struggling. See the School Info section for more information.

Anime Club

If you are interested in joining Anime Club, click on the link below. The club will first meet this Thursday, October 19th in Mrs. Wickett's room (803). Members will meet 3:25 – 4:00.

https://forms.gle/WB6h6e3UKuuc9MyL6.

Wrestling Gear

Show your support of Indianola wrestling by wearing some new fan gear. Click on the link below to check out various t-shirts, sweats, hats, bags, and more.

https://indianola-wrestling-2023.itemorder.com/shop/home/



All IMS students are invited to join the fun after school on Mondays and Thursdays during the school year from 3:20 to 5:00. Click <u>here</u> for more information.

No Zone these dates: 10/16, and 10/19

From the High School Pass for Pink Apparel

Accepting orders until Monday, October 9th at noon

No late orders will be accepted. Orders will be ready for pick up on the 12th in time for the Pass for Pink Game on the 13th. <u>https://embarkink7.square.site/</u>

Help the FCCLA Club paint the stadium pink as they raise money to fight breast cancer. A portion of apparel sales will go back towards FCCLA's fundraising efforts.

Washington D.C. Trip

Hello, Middle School Families,

It is time to start planning for our Washington, D.C. trip! To ensure that all students interested in visiting our country's capitol can attend, we will be traveling the summer of 2025. This allows us to avoid any overlap with the Florida trip planned for even years. It also means that we are opening this up to current 6th, 7th, and 8th grade students. We will continue to work with WorldStrides as we've done in previous years.

Stay tuned for a meeting in spring of 2024 to get more information!

Miss Lloyd & Mr. Klocke

(This is not a school-sponsored event.)

THANK YOU!

We have the most supportive parents at IMS. You made sure our teachers were taken care of during conference week by providing snacks last Wednesday and dinner on Thursday.

Thank you so much to the organizing and contributing parents. Your generosity was noticed and appreciated!

School Info

After School Tutoring

Free tutoring is being offered once again at IMS on Tuesdays and Thursdays from 3:30-4:30 p.m. Parents must sign their child up before they attend. Please see the registration form for details.

23-24 Tutoring Sign-Up

<u>Yearbooks</u>

IMS yearbooks are now on sale! The cost is \$25. You can order online at Jostens, or you can bring a check (made payable to IMS) or <u>exact</u> cash to Mr. Damman in room 507. Parents, there was not an option to pay online with your school fees, so if you believe you purchased one then, you did not.

Please refer to the Student Handbook for all procedures, policies, and guidelines.

District Calendar Link for 23-24

Food Service

Office Information

| For information regarding | Phone Numbers: | 515.961.9530 Main Office | 515.961.9535 Fax |
|--|--|--|------------------|
| menus, free/reduced lunches/online | Attendance Line: | 515.961.9530 x3162 | |
| payments/account information, please click: | Principal: Asst. Principal: | Mrs. Kristy Ellis Mr. Mike O'Meara | |
| Food Service | 6 th Grade Counselor: 7 th Grade Counselor: 8 th Grade Counselor: | Mrs. Lacey Cherniss (x3106) Mrs. Haley Finn (x3151) Mrs. Tiffany Cochran (x3116) | |
| | Office Hours: | 7:00am - 4:00 (3:30 on Friday | yS) |

Does Your Child Know Important Numbers and Skills?

We all rely on our cell phones to "memorize" numbers for us or to tell us the time. If there were an emergency, though, and your child didn't have their own phone with them, would they know *your* phone number? Do they know how to leave a voicemail? Do they know their home address? Can they tell time on an analog clock?

Many kids pass through the office each day needing to use the phone or to check in/out. Surprisingly, quite a few have trouble with these things that we take for granted.

If you get a minute, check with your child to see if they can answer yes to the questions mentioned above.

Dates to Remember:

Monday, October 16: No School

Tuesday, October 17: No School

Tuesday, November 21: One Hour Early Dismissal (2:20 for IMS)

November 22-24: No School, Thanksgiving Break

December 21: One Hour Early Dismissal (2:20 for IMS)

December 22 - January 2: No School, Winter Break

District Website Link

Information Technology Link

IMS Link

Food Service Link

Transportation Link

Parent Facebook Groups

Want to know all of the school and community activities for your child's class? Join their Indianola Parent FB group! These pages are designed to be an inclusive catchall for activities, clubs, events, success stories, and opportunities to support IMS.

Indianola Class of 2028 (8th Grade): https://www.facebook.com/groups/1386800961472755/

Indianola Class of 2029 (7th Grade): <u>https://www.facebook.com/groups/509461217003504/</u>

Indianola Class of 2030 (6th Grade): https://m.facebook.com/groups/238233144858449

School Activities...

We Want our Students to be Involved!

There are many ways for students to get involved at school. Just a few of the groups and clubs offered are Mock Trial, DAA, Yearbook Staff, Art Club, MathCounts, and many more!

Here is a link to the <u>IMS Activities Webpage</u>.

Dungeons & Dragons Club

Anyone interested in joining Dungeons and Dragons Club is welcome! The club will meet after school on Mondays in Mr. Weepie's room, 806.

Fill out this Google form to register: <u>D & D Sign-Up</u>

Students, you must have your ID with the "23" activity sticker on it to attend home games without paying. If you don't have it with you, or you don't have a picture of it on your phone, you will have to pay to get into the event. See the office if you've lost your ID or you need the sticker.

Do You Want to Feel Like a Rock Star?

Do you play the drums, piano, bass guitar or electric guitar? If so, see Ms. Moore in the choir room for more information about being a member of Show Band.

Indianola Music Boosters

Stay up to date on all the district's music events by joining the Indianola Music Boosters Facebook page:

https://www.facebook.com/IndianolaMusicBoosters?mibextid=LQQJ4d

Check Out the District Event Calendar

Below is a link to the district's event calendar. You'll find dates, times, and locations for sports, music, and various other events in which our students are participating on this site. Event Calendar

6-8th Graders can sign up for Art Club!

Art Club is a time after school where students who are interested in art can do individual or collaborative art projects, learn new techniques and be social.

After signing up, members and parents will receive more information about Studio Time activities and dates.

<u>6th Grade Art Club Sign up Link</u> (semester 1)

7th-8th Grade Art Club Sign up Link (semester 2)

Click HERE to read general info about IMS Art Club



Interested in Joining the Indianola Youth Trap Team this Spring?

Informational meetings will take place at the Warren County Izaak Walton Clubhouse on October 18th and October 20th at 6:30 pm. Parents are required to attend, and the registration link will be provided following the meeting.

If you have any questions, please email Coach Aaron Rasko: <u>aaronrasko@gmail.com</u>

This is not a school-sponsored activity.

Students Invited to Help Simpson Celebrate George Washington Carver

Simpson College enjoys celebrating the life and accomplishments of George Washington Carver because he was a student there in 1890-1891. Students in our district are invited to create and submit a work of art that will be publicly displayed at Simpson's celebration of him on February 1, 2024.

See additional details here.

Warren County Shotgun Sports Youth Team

Warren County Shotgun Sports is excited to bring the youth of Warren County a new opportunity in the growing sport of clay target shooting. Registration for our Spring 2023 season is open November 1-26th.

Informational Meeting Dates:

Sunday, November 5th- Downing Construction in Indianola 3pm-4pm

Sunday, November 12th- Carlisle High School 3pm-4pm

Monday, November 13th- Open House at the Warren County Izaak Walton. Come learn about our program and experience a WCSS practice.

The youth team of Warren County Shotgun Sports is open to all students who live within Warren County. The students most likely to participate will be in 5th-12th grades, but younger students may join as long as they meet certain criteria. We participate in the Scholastic Clay Target Program with the Iowa DNR, and provide opportunities to shoot competitively singles trap, with doubles and handicap trap, skeet, sporting clays and five stand events available.

Please check out our Facebook Page for more information!

Any questions please reach out to Coach Joe Kissner at <u>info@warrencountyss.org</u> or call/text WCSS at 515-497-4050.

Backpacks 4 Hunger

Backpacks 4 Hunger feeds Indianola kids over the weekend by providing a sack of individually packaged non-perishable food items. The food is placed discreetly in students' lockers on every Friday.

Call 515.961.5755 or Text 515.808.3498. Leave your name and number, and you will be contacted regarding food allergies and school details.