

NDIANOLA MIDDLE SCHOOL NEWS

403 S 15th Street, Indianola, IA 50125 PHONE 515.961.9530 FAX 515.961.9535

http://www.indianola.k12.ia.us/school/indianol a-middle-school/



Reader of the Week:



Alexis Halsted



Please click Food Service to select March menus.

New Look to ICSD Website

http://www.indianola.k12.ia.us/

Dates to Remember

April 16: No School

May 28: No School (Memorial Day)

June 1: Last Day of School



7th Grade Girls Track

Practice will start March 21 for 7th grade girls. The March 21 practice will start at 4 p.m. due to it being a Wednesday.

If your student would like to join but did not sign up, she should check with Coach Daniel in room 710.

The track coaches are Michelle Lester, Erin March, Jami Daniel, and Keri Sorenson.

As with all sports, students will need an updated physical and Concussion Awareness form on file. Please check with the front office if you have questions.

Warren County Freestyle Wrestling Club

Students in grades 7th thru 12th who are interested in wrestling are invited to join the Warren County Freestyle Wrestling Club. Please go to the Digital Backpack to view the flyer with details.

Track & Field T-Shirt Order Form

You can support Indianola Girls Track by ordering a short or long sleeve tshirt. Orders and payment must be turned in to the main office or Coach Daniel by this Friday, March 23.

For details and the order form, click on <u>Digital Backpack</u> and select Indianola Girls Track T-Shirt Order Form.

Indianola Volleyball Practices

All Indianola girls in grades 3-8 are welcome to attend the Indianola Volleyball select practices listed below. Grades 3-6 will practice 6:30 – 7:45 p.m., and grades 6-8 will practice 7:45 – 9:00 p.m. Practices will be held in the high school's North gym.

Thursdays: March 8, 22, 29; April 5

Tuesdays: April 10, 24 Monday: April 16

Indianola Athletic Boosters

We started the year with a lofty goal of 600 Indianola Athletic Booster members. We are now at 615! Are you a member yet? It is easy to become one. Please go to www.indianolaathletics.com now to support our athletes, coaches, and programs. They depend on IABC to fund everything from uniforms to equipment & much more.

Check Out the District Event Calendar

http://www.littlehawkeyeconference.com/public/genie/206/school/645/

Athletics

IMS Activities Schedule link: http://www.littlehawkeyeconference.com

Study Table for Middle School Athletes

On Wednesdays due to the early out, we have an option for our student athletes. When school ends at 2:20, students may stay in a supervised area to do homework or read until practice starts at approximately 3:50. Students who sign up for Study Table are expected to be there each Wednesday during the season unless a parent calls in or writes a note to excuse them ahead of time.

Please click <u>here</u> and select Study Table form for details.



When Low Becomes too Low

St. Thomas Aquinas Catholic Church is hosting speaker Randy Kiel, founder of Kardia Counseling, this Wednesday evening at 7:00 p.m. He will be talking about adolescent depression and suicide; particularly protecting yourself from becoming "too low" with depressed thoughts, responding to people struggling with depression, and training the brain to pull up from lows.

Youths and adults are welcome. The address is 210 Route 63 Hwy in Indianola.

Summer Theatre Camp

Carousel Theatre of Indianola is excited to partner with Missoula Children's Theatre this summer to stage a production of *King Arthur's Quest* for actors and actresses ages 5-15. Our summer theatre camp will run August 6-11, culminating with two performances on August 11.

There is only room for 60 performers, so register soon! Click on <u>Digital Backpack</u> and select Theatre Camp for details and the flyer. You may mail the form to Carousel Theatre, or give it to Mr. Dubczak by this Friday, March 23.

Heal House of Iowa

Heal House of lowa is a group of volunteers, who have filed for non-profit status, committed to taking care of homeless individuals in Warren County and establishing a shelter in Indianola. Please click <u>Digital Backpack</u> to see the flyer with full details.

Backpacks 4 Hunger No Child Goes Hungry over the Weekend

ALL students eligible for this program

Backpacks are filled with meals and snacks for the weekend and are sent home with students on Friday. The backpacks and contents are provided by donations from the Indianola community.

TO SIGN UP: Call 961-5755 or contact your student's school counselor.

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator Indianola Community School District 1304 East 2nd Avenue Indianola, IA 50125 515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).

Anti-Bullying/Harassment (Ref. School Board Policy 104) Harassment and bullying of students and employees are against federal, state and local policy, and are not tolerated by the board. The board is committed to providing all students with a safe and civil school environment in which all members of the school community are treated with dignity and respect. To that end, the board has in place policies, procedures, and practices that are designed to reduce and eliminate bullying and harassment as well as processes and procedures to deal with incidents of bullying and harassment. Bullying and harassment of students by other students, by school employees, and by volunteers who have direct contact with students will not be tolerated in the school or school district. Concerns can be reported to the building administration by phone, email, or in person. Board Policy forms 04E1 and 104E2, along with additional bullying and harassment policy information can be obtained from the district website or from the main office.