

March 5, 2024

Ah! Can you smell it? Yes, it's track season once again. The middle school programs will begin their practices the week of March 18<sup>th</sup> and run the first meet of the season the second week of April.

Indianola School hosts some of these track meets and we could use your help. There are 2 middle school girls meets scheduled for the 2024 season. These are held at the Indianola Middle School track. Listed below are the dates and start/end times for these meets. Please check the dates you will be available to work.

**Monday, April 8**                      **7<sup>th</sup>/8<sup>th</sup> Girls Relays**                      **4:15 pm – 8:30 pm** \_\_\_\_\_

**Friday, April 19**                      **7<sup>th</sup>/8<sup>th</sup> Girls Relays II**                      **4:15 pm – 8:00 pm** \_\_\_\_\_

Listed below are the jobs available to work. Please list in order of preference (1, 2, 3) where you would like to volunteer.

**Clerk of Course** \_\_\_\_\_                      **Timer/Picker** \_\_\_\_\_

**Exchange Zone Judge** \_\_\_\_\_                      **Finish Line Coordinator** \_\_\_\_\_

**Field Event Judge** \_\_\_\_\_                      **Scorer/Awards** \_\_\_\_\_

**•Circle Choice:**              **Shot Put**              **Long Jump**  
   **Discus**                      **High Jump**

As an added incentive, you will receive free admission to the event!

The contribution of your time is invaluable to us coaches and athletes in Indianola's middle school program. Our meets have a very good reputation as being run with quality, knowledgeable and time-efficient workers. We get compliments each year on how well our meets are run from guest school personnel, parents and community members. Please help be a part of it all!

Respectfully, Michelle Lester, Head Indianola Middle School Girls Track & Field Coach

Please complete by MARCH 29th and return to: Michelle Lester, Indianola HS, 1304 E. 1<sup>st</sup> Avenue, Indianola, IA 50125 OR send with your athlete to practice!

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone Number** \_\_\_\_\_                      **Email** \_\_\_\_\_