

8th Grade Football 2017-2018 School Year

Coaches:

Head Coach: Matt Young

matt.young@indianola.k12.ia.us

Asst Coach: Greg Kelly

greg.kelly@indianola.k12.ia.us

Asst Coach: Jared Creason

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Asst Coach: Clint Manny

clint.manny@indianola.k12.ia.us

General Information:

- Updated Concussion and Physical forms are required on file prior to the first day of practice. Student athletes should still attend practice as non-participants if they do not have forms completed.
- All sports at IMS are No-Cut based on athletic abilities. We would like to encourage all student athletes that want the opportunity, to participate in school sports. Students interested in a sport should attend beginning at the first practice date. Students will only be eliminated from teams for gross misconduct or refusal to follow behavioral expectations.
- Please promptly pick up your student athletes adjacent to the gymnasium doors on the northeast corner of the building. Students will exit from the Fieldhouse gym doors.
- Practices will run from 3:20-5:30.

Football 7th/8th grade

Practices: 3:20-5:30 PM @ MS Athletic Complex (Tee-shirt, shorts, tennis shoes/cleats)

Schedules: <http://www.littlehawkeyeconference.com/public/genie/206/school/645/>

Season: August-October

The schedule includes three games, (A and B) at one site, and (C) game at the other site on the same day whenever possible. Admission at all middle school events is \$3.00 for adults and \$1.00 for students K-12.

The teams are being divided by experience, ability, and any other factors determined by the coaches. The players move between teams as needed. Games consist of four, eight minute quarters. The home team provides at least three approved officials. Guidelines and rules established by the IHSAA will be followed.

Each school has six scheduled games. Games start at 4:30 p.m. on weekday during September and at 4:00 in October, unless the host school has lights. Saturday games start at 9:00 a.m., unless there is a mutual agreement to change the time. The second game begins ten minutes after the first game ends. Reserve Games: Lower level games are scheduled by mutual

agreement of the schools involved. When these games are scheduled, the rules and regulations followed in the regular game(s) will be in effect. If numbers do not allow a reserve game, additional quarter(s) are played. Every player is allowed to play in only 5 quarters per night.
matt.young@indianola.k12.ia.us

Football Parent Meeting

Before athletes can participate they must have the following

1. Athletic Physical
2. Concussion Form
3. Medical Form
4. Good Conduct Policy Signed
5. Study Table Form

Expectations/ Philosophy

- The coaches will spend a lot of time on the fundamentals of football. Football is a team game, so we will try to place players in a position that will most help the team to be successful. Our goal is to improve each individual and the team to prepare these athletes for high school football.
- We expect each athlete to be at practice every day. While there, we expect them to pay attention, hustle, work hard, and be positive to their teammates. We also expect them to be well-behaved gentlemen in school, at practices and games, and in the community. We will treat each player with respect and work hard as a staff to improve them as student athletes.

Practices

- Practices will run each night from about 3:45 until 5:45 PM. Please pick up your child on the north side of the Blake Fieldhouse by 6:00 PM if possible.
- Players are expected to be at each practice. There needs to be some communication if a player is going to miss practice.
- Practices will be Monday - Friday each week.

Games

- Indianola will have a 7th grade team and an 8th grade team that are separate. There will be an A, B, and C team for each grade. On game nights the A and B teams will play at one location and the C team will play at another location.
- A schedule of games can be found at: www.littlehawkeyeconference.com. We also have printed copies we will give out to the players to take home.
- We would like all players to ride home on the bus with their team after games. If there is a situation where a player needs to go home with a parent we have to have written consent from the parent.

Eligibility Policy

- All students must be in good academic standing (passing all of their classes) and abide by the Good Conduct Rule in order to be eligible to participate in extracurricular activities.

Injuries

- Proper technique in all phases of the game will be emphasized by the coaches to reduce the risk of injury. We have very good quality equipment as well.
- Please have your child report any injuries immediately.
- We will have a trainer who will be available a couple days per week.

School Equipment

- Players will be given school issued equipment. Please remind your kids to lock up their things in their lockers during school and practice. They are responsible for lost equipment.

Help

- We need a chain gang for all of our home games. Please contact Mr. O'Meara if interested.

Concerns / Issues--

- Please have your child talk to a coach immediately if there are any issues. If a parent needs to contact a coach you can call the middle school at 961-9530 and leave a message or you can email the coach.
- Communication is the key to a successful program.