



INDIANOLA MIDDLE SCHOOL NEWS

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<http://www.indianola.k12.ia.us/school/indianola-middle-school/>



WEEK OF February 5, 2018

Reader of the Week:



Nathan Greener

7th & 8th Grade Vocal Music Concert

The 7th and 8th grade choirs will perform this Tuesday, February 6, beginning at 6:30 p.m. in the high school auditorium.

7th grade details: Choir will warm up on stage at 6:15 and will perform at 6:30. Spotlights and show choir will follow.

8th grade details: Choir will warm up on stage at 7:15 and will perform at 7:30. Spotlights and show choir will follow.

Tonight's 7th Grade Boys Basketball game against Oskaloosa has been cancelled. There will be no 7th or 8th grade practice.

Tuesday's 7th Grade Boys Basketball game against Newton has been cancelled. There will be practice in its place.



SCHOOL NEWS...

Dates to Remember

February 13, 14, 15: Parent/Teacher Conferences

February 15 & 16: No School

March 12 - 16: Spring Break

April 16: No School

School-Based Therapy Services

The Indianola School District has been working on providing additional supports to students, and we are happy to announce that we now have a new school-based therapy provider, Integrative Counseling Solutions. ICS provides mental health counseling with a licensed therapist for students at school. There currently is no wait list for services.

If you are interested in finding out more about school-based therapy, feel free to contact your student's grade-level counselor or you can contact Integrative Counseling Solutions at 515.267.1340. Students seek mental health services to help with issues such as depression, anxiety, grief, trauma, anger, ADD/ADHD, stress management, relationship issues, and more.

New Look to School District Website

<http://www.indianola.k12.ia.us/>

Please click [here](#) to select February menus.

Indianola Middle School Parent Teacher Conferences- Spring 2018

Dear parents and guardians:

I want to make you aware of improvements to the middle school conference format. We will be utilizing an online conference scheduler so that you can set up 10-minute appointments with your child's teachers. Your child will still present information from their portfolios at conferences. Sixth and 7th graders can pick up their portfolios in the cafeteria, and 8th graders will access their electronic portfolios in the classrooms of the core teachers. In order to be respectful of everyone's time, it is very important to allow for time to get parked, to get the portfolio, and to find the classrooms. If you prefer to visit the classrooms and teachers, but not necessarily have a conference, open house times are available as well.

The IMS conference schedule is as follows:

Tuesday, February 13:

- 4:00-5:00 Open House -- Visits do not have to be scheduled, but no sit-down conferences will be held at this time. Teachers are in their classrooms.
- 5:00-8:00 10-minute scheduled conferences with individual teachers in their classrooms

Wednesday, February 14:

- 2:30-3:50 10-minute scheduled conferences with individual teachers in their classrooms

Thursday, February 15:

- 1:00-4:00 10-minute scheduled conferences with individual teachers in their classrooms
- 4:00-5:00 Open House -- Visits do not have to be scheduled, but no sit-down conferences will be held at this time. Teachers are in their classrooms.
- 5:00-8:00 10-minute scheduled conferences with individual teachers in their classrooms

To register for your child's conference, please see the link and directions below.

<http://www.ptcscheduling.com/app/login.asp?HID=98565623>

Click on the link above to access the Parent/Teacher Scheduling program.

1. Complete the information requested on the right hand side of the screen under "REGISTRATION", then hit Register.
2. Upon completion of registration, click on the link again to log in to PTC.
3. Under the LOGIN section, enter your email address and password. Click Sign In.
4. Add/Edit your child's information. Indianola Middle School should be indicated.
5. Click on the Add Child button to save your changes.
6. If you have additional children attending IMS, repeat steps 4 & 5.
7. If you have used PTC in the past at a different school, but with the same email/password, all children you've added will be listed. You will need to edit their information, including school name.
8. Once all your children have been added or edited, click on the Schedule button for the first child.
9. Select the conference date.
10. Choose your student's teachers, and click Submit at the bottom.
11. Pick your student's conference time (ONE per teacher). The time you select will automatically be saved.
12. Click Home.
13. Click Schedule Conferences to view your child's information.
14. Click on the Print/Email button to view, print, or email yourself the conference times.
15. Click the Log Off button at the top of the page to end your session.

If you have questions when signing up for conferences, please call Janet Robbins, Secretary, at 515.961.9530 x3156, or janet.robbsins@indianola.k12.ia.us .

Sincerely,
Annette Jauron, Principal

My College Options Survey for 8th Grade Students

My College Options is a program designed to help students plan for their post-secondary education. Students are connected to colleges and universities that match their needs and interests. In addition to hearing from colleges, students may also hear from educational and career service providers offering products and services such as college admissions services, financial aid, career information, extracurricular enrichment and recognition programs.

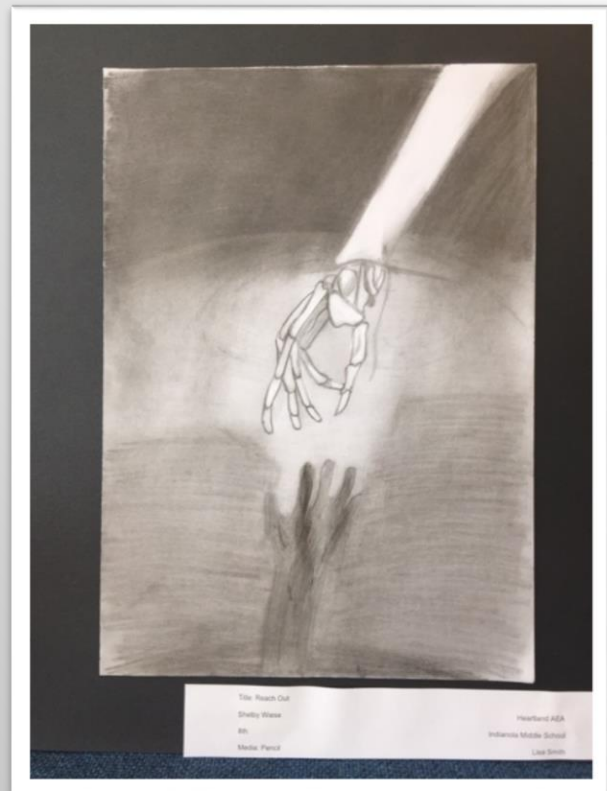
To get the process started, 8th grade students may complete a **voluntary** survey offered by their teachers sometime between February 5 and February 15. If you would like to see a copy of the survey, please send an email to janet.robbs@indianola.k12.ia. If you prefer that your student not complete this form, please ask your child to decline when the surveys are distributed. If you'd like to fill out the form together, your child may request to take it home.

There is no cost to take part in this process.

Please email Mrs. Jauron, Principal, if you have questions: Annette.jauron@indianola.k12.ia.us.

Students' Artwork Recognized

Congratulations to 8th graders Avah Grandberg and Shelby Wiese for having their artwork selected to be exhibited in the 2018 Youth Art Month Show. Family and friends can help these artists celebrate their achievement by attending the reception on Saturday, March 24th at the State Historical Building at 2 p.m.



Influenza Awareness

A Note from Your School Nurse:

Influenza season is upon us and is considered to be widespread throughout Iowa. With that in mind, I wanted to share some information about the signs and symptoms of influenza to be watching for and give recommendations for when to keep your child home from school. Influenza is a highly contagious viral infection that is spread by airborne droplets when an infected person sneezes or coughs. It mainly affects the nose, throat, chest, and lungs. Symptoms may include fever (usually more than 100° F), headache, extreme tiredness, dry cough, runny or stuffy nose, and muscle aches. It typically lasts 3-7 days. People may be able to infect each other one day before symptoms occur and up to 10 days after being sick. The CDC suggests that you consult your doctor as needed if your child develops flu-like symptoms including fever and/or cough. Also, keep in mind that it is not too late for a flu shot. Gastroenteritis (often called stomach flu although it is not influenza) continues to be present this time of year as well. People with this should not attend school or work until it's been 24 hours since vomiting or diarrhea have occurred.

In order to prevent the spread of germs and the flu virus, the CDC recommends that your sick child stay home for at least 24 hours after his/her fever is gone, without the use of fever-reducing medicine like Tylenol or Ibuprofen.

Regardless of the season, some healthy reminders are included below:

- Wash hands often and use hand sanitizer when available
- Avoid touching the face
- Cough or sneeze into elbows
- Hydrate, hydrate, hydrate! Keep drinking water, even when it is cold outside
- Maintain good sleep patterns
- Fuel the body with plenty of fruits and vegetables
- When possible, avoid others who are ill

Additional information regarding influenza may be found [here](#) .

Thank you for considering the health of your child and the others in the classroom. If you have any questions or concerns, please feel free to contact me at any time. I can best be reached by email: cadi.williams@indianola.k12.ia.us .

Wishing you all a healthy winter season,

Cadi Williams, BSN, RN
Middle School and High School Nurse

Final Weeks of Yearbook Sales

Yearbook sales will be ending soon so get yours today! Books are \$30. The yearbook staff will be selling them at conferences on Tuesday and Thursday, February 13 & 15. Cash or check only those nights. You can still order online at Jostens.com. Last day of sales will be February 28. **As with all past years, no extras will be purchased, so order yours today.** Not sure if you ordered one? Your student can check the list by the lunchroom. It is updated weekly. If you have questions, contact Mr. Damman at William.damman@indianola.k12.ia.us.

High School Registration Events for 8th Graders

High School Counselor Q&A at Conferences

Date/Time: February 13, 4-8 PM and February 15, 4-8 PM

Location: Middle School 8th Grade Hallway

*Conference times are for Q&A. You may turn in your completed registration sheet, but do NOT have to at that time.

Work Sessions

Date/Time: February 19-22, 3:30-6:30 PM

Location: High School Media Center

*Work sessions at the high school are arena style; no individual appointments. You may work with any counselor available. We will collect completed sheets at that time.

If this is your 2nd or 3rd child and you are comfortable on your own, you can turn in your completed registration form to Mrs. Cherniss.

All Registrations Must be Turned in by March 2

Please Bring Your License when you Visit the School

If you have been a visitor to any of our Indianola schools during a typical day, you have been asked to show your license the first time so that a sticker could be given to you before you walk around the building.

We have gotten an upgrade to this security screening system, which is a good thing. However, we do not have access to past visitor records, so we will need to scan every person's license/ID as if it were their first visit.

Every visitor will be required to show their license to be entered into the screening system.

Please keep in mind, if you are just coming into the main office you will not need to show your ID. If you are going anywhere else in the building during school hours, however, you will.

Thank you for your cooperation.



**ACTIVITY
INFO...**

Indianola Little League

Please click [here](#) and select the Digital Backpack toward the middle of the page to view the 2018 Little League flyer. Contact Bobby Shepherd, bobbyshepherd51@gmail.com, with questions.

Music Boosters Meeting

The next Music Boosters meeting is Monday, February 12, at 6 p.m. in the high school 9-10 band room.

Music Booster meetings are open to anyone interested in helping support the music programs in all of the Indianola schools. Questions about getting involved with Music Boosters? Contact President Anita Christensen at Indianolamusicboostersinfo@gmail.com. You can also find us on Facebook at Indianola Music Boosters!

IHS Girls Soccer Camp for 6th – 8th Graders

Girls in grades 6 thru 8 can spend their spring break training like a high school soccer player. This 5-day camp will be filled with drills and activities, and it will help elevate athletes to the next level.

The camp runs March 12-16 from 5:15-6:45 p.m. The cost is \$50. Please click [here](#) and select *Digital Backpack* to see full details listed on the flyer.

Indianola Track & Field Apparel

If you would like to show your support for our Track & Field athletes by wearing spirit wear from BSN Sports, click on https://www.bsnteamsports.com/v3/shop/team_shop/IndianTrk#/. The shop is open through February 8. The access code is IndianTrk.

Indianola Volleyball Practices

All Indianola girls in grades 3-8 are welcome to attend the Indianola Volleyball select practices listed below. Grades 3-6 will practice 6:30 – 7:45 p.m., and grades 6-8 will practice 7:45 – 9:00 p.m. Practices will be held in the high school's North gym.

Thursdays: March 8, 22, 29; April 5

Tuesdays: April 10, 24

Monday: April 16

Indianola Athletic Boosters

We started the year with a lofty goal of 600 Indianola Athletic Booster members. We are now at 615! Are you a member yet? It is easy to become one. Please go to www.indianolaathletics.com now to support our athletes, coaches, and programs. They depend on IABC to fund everything from uniforms to equipment & much more.

Check Out the District Event Calendar

<http://www.littlehawkeyeconference.com/public/genie/206/school/645/>

Study Table for Middle School Athletes

On Wednesdays due to the early out, we have an option for our student athletes. When school ends at 2:20, students may stay in a supervised area to do homework or read until practice starts at approximately 3:50. Students who sign up for Study Table are expected to be there each Wednesday during the season unless a parent calls in or writes a note to excuse them ahead of time.

Please click [here](#) and select *Study Table form* for details.

Athletics

IMS Activities Schedule link: <http://www.littlehawkeyeconference.com>



GENERAL INFORMATION...

Heal House of Iowa

Heal House of Iowa is a group of volunteers, who have filed for non-profit status, committed to taking care of homeless individuals in Warren County and establishing a shelter in Indianola. Please click [here](#) and select Digital Backpack located halfway down page to see the flyer with full details.

Backpacks 4 Hunger

No Child Goes Hungry over the Weekend

ALL students eligible for this program

Backpacks are filled with meals and snacks for the weekend and are sent home with students on Friday. The backpacks and contents are provided by donations from the Indianola community.

TO SIGN UP: Call 961-5755 or contact your student's school counselor.

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator
Indianola Community School District
1304 East 2nd Avenue
Indianola, IA 50125
515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).

Anti-Bullying/Harassment (Ref. School Board Policy 104) Harassment and bullying of students and employees are against federal, state and local policy, and are not tolerated by the board. The board is committed to providing all students with a safe and civil school environment in which all members of the school community are treated with dignity and respect. To that end, the board has in place policies, procedures, and practices that are designed to reduce and eliminate bullying and harassment as well as processes and procedures to deal with incidents of bullying and harassment. Bullying and harassment of students by other students, by school employees, and by volunteers who have direct contact with students will not be tolerated in the school or school district. Concerns can be reported to the building administration by phone, email, or in person. Board Policy forms 04E1 and 104E2, along with additional bullying and harassment policy information can be obtained from the district website or from the main office.