NDIANOLA MIDDLE SCHOOL NEWS

403 S 15th Street, Indianola, IA 50125 PHONE 515.961.9530 FAX 515.961.9535 http://www.indianola.k12.ia.us/school/indianol a-middle-school/

WEEK OF <u>F</u>ebruary 5, 2018

Reader of the Week:



Nathan Greener

7th & 8th Grade Vocal Music Concert

The 7th and 8th grade choirs will perform this Tuesday, February 6, beginning at 6:30 p.m. in the high school auditorium.

<u>7th grade details</u>: Choir will warm up on stage at 6:15 and will perform at 6:30. Spotlights and show choir will follow.

<u>8th grade details</u>: Choir will warm up on stage at 7:15 and will perform at 7:30. Spotlights and show choir will follow.

Tonight's 7th Grade Boys Basketball game against Oskaloosa has been cancelled. There will be <u>no</u> 7th or 8th grade practice. Tuesday's 7th Grade Boys Basketball game against Newton has been cancelled. There will be practice in its place.

SCHOOL NEWS...

Dates to Remember

February 13, 14, 15: Parent/Teacher Conferences

February 15 & 16: No School

March 12 - 16: Spring Break

April 16: No School

<u>New Look to School District Website</u> <u>http://www.indianola.k12.ia.us/</u>

Please click <u>here</u> to select February menus.

School-Based Therapy Services

The Indianola School District has been working on providing additional supports to students, and we are happy to announce that we now have a new school-based therapy provider, Integrative Counseling Solutions. ICS provides mental health counseling with a licensed therapist for students at school. There currently is no wait list for services.

If you are interested in finding out more about school-based therapy, feel free to contact your student's grade-level counselor or you can contact Integrative Counseling Solutions at 515.267.1340. Students seek mental health services to help with issues such as depression, anxiety, grief, trauma, anger, ADD/ADHD, stress management, relationship issues, and more.

Indianola Middle School Parent Teacher Conferences- Spring 2018

Dear parents and guardians:

I want to make you aware of improvements to the middle school conference format. We will be utilizing an online conference scheduler so that you can set up 10-minute appointments with your child's teachers. Your child will still present information from their portfolios at conferences. Sixth and 7th graders can pick up their portfolios in the cafeteria, and 8th graders will access their electronic portfolios in the classrooms of the core teachers. In order to be respectful of everyone's time, it is very important to allow for time to get parked, to get the portfolio, and to find the classrooms. If you prefer to visit the classrooms and teachers, but not necessarily have a conference, open house times are available as well.

The IMS conference schedule is as follows:

Tuesday, February 13:

• 4:00-5:00 Open House --- Visits do not have to be scheduled, but no sit-down conferences will be held at this time. Teachers are in their classrooms.

• 5:00-8:00 10-minute scheduled conferences with individual teachers in their classrooms

Wednesday, February 14:

• 2:30-3:50 10-minute scheduled conferences with individual teachers in their classrooms

Thursday, February 15:

• 1:00-4:00 10-minute scheduled conferences with individual teachers in their classrooms

• 4:00-5:00 Open House --- Visits do not have to be scheduled, but no sit-down conferences will be held at this time. Teachers are in their classrooms.

• 5:00-8:00 10-minute scheduled conferences with individual teachers in their classrooms

To register for your child's conference, please see the link and directions below.

http://www.ptcscheduling.com/app/login.asp?HID=98565623

Click on the link above to access the Parent/Teacher Scheduling program.

1. Complete the information requested on the right hand side of the screen under "REGISTRATION", then hit Register.

2. Upon completion of registration, click on the link again to log in to PTC.

- 3. Under the LOGIN section, enter your email address and password. Click Sign In.
- 4. Add/Edit your child's information. Indianola Middle School should be indicated.
- 5. Click on the Add Child button to save your changes.
- 6. If you have additional children attending IMS, repeat steps 4 & 5.
- 7. If you have used PTC in the past at a different school, but with the same email/password, all children you've added will be listed. You will need to edit their information, including school name.

8. Once all your children have been added or edited, click on the Schedule button for the first child.

- 9. Select the conference date.
- 10. Choose your student's teachers, and click Submit at the bottom.

11. Pick your student's conference time (ONE per teacher). The time you select will automatically be saved.

12. Click Home.

- 13. Click Schedule Conferences to view your child's information.
- 14. Click on the Print/Email button to view, print, or email yourself the conference times.
- 15. Click the Log Off button at the top of the page to end your session.

If you have questions when signing up for conferences, please call Janet Robbins, Secretary, at 515.961.9530 x3156, or janet.robbins@indianola.k12.ia.us .

Sincerely,

Annette Jauron, Principal

My College Options Survey for 8th Grade Students

My College Options is a program designed to help students plan for their post-secondary education. Students are connected to colleges and universities that match their needs and interests. In addition to hearing from colleges, students may also hear from educational and career service providers offering products and services such as college admissions services, financial aid, career information, extracurricular enrichment and recognition programs.

To get the process started, 8th grade students may complete a <u>voluntary</u> survey offered by their teachers sometime between February 5 and February 15. If you would like to see a copy of the survey, please see page 8 of the newsletter. If you prefer that your student not complete this form, please ask your child to decline when the surveys are distributed. If you'd like to fill out the form together, your child may request to take it home.

There is no cost to take part in this process.

Please email Mrs. Jauron, Principal, if you have questions: <u>Annette.jauron@indianola.k12.ia.us</u>.

Students' Artwork Recognized

Congratulations to 8th graders Avah Grandberg and Shelby Wiese for having their artwork selected to be exhibited in the 2018 Youth Art Month Show. Family and friends can help these artists celebrate their achievement by attending the reception on Saturday, March 24th at the State Historical Building at 2 p.m.





A Note from Your School Nurse:

Influenza season is upon us and is considered to be widespread throughout Iowa. With that in mind, I wanted to share some information about the signs and symptoms of influenza to be watching for and give recommendations for when to keep your child home from school. Influenza is a highly contagious viral infection that is spread by airborne droplets when an infected person sneezes or coughs. It mainly affects the nose, throat, chest, and lungs. Symptoms may include fever (usually more than 100° F), headache, extreme tiredness, dry cough, runny or stuffy nose, and muscle aches. It typically lasts 3-7 days. People may be able to infect each other one day before symptoms occur and up to 10 days after being sick. The CDC suggests that you consult your doctor as needed if your child develops flu-like symptoms including fever and/or cough. Also, keep in mind that it is not too late for a flu shot. Gastroenteritis (often called stomach flu although it is not influenza) continues to be present this time of year as well. People with this should not attend school or work until it's been 24 hours since vomiting or diarrhea have occurred.

In order to prevent the spread of germs and the flu virus, the CDC recommends that your sick child stay home for at least 24 hours after his/her fever is gone, without the use of fever-reducing medicine like Tylenol or Ibuprofen.

Regardless of the season, some healthy reminders are included below:

- Wash hands often and use hand sanitizer when available
- Avoid touching the face
- Cough or sneeze into elbows
- Hydrate, hydrate, hydrate! Keep drinking water, even when it is cold outside
- Maintain good sleep patterns
- Fuel the body with plenty of fruits and vegetables
- When possible, avoid others who are ill

Additional information regarding influenza may be found here .

Thank you for considering the health of your child and the others in the classroom. If you have any questions or concerns, please feel free to contact me at any time. I can best be reached by email: <u>cadi.williams@indianola.k12.ia.us</u>.

Wishing you all a healthy winter season,

Cadi Williams, BSN, RN Middle School and High School Nurse

Final Weeks of Yearbook Sales

Yearbook sales will be ending soon so get yours today! Books are \$30. The yearbook staff will be selling them at conferences on Tuesday and Thursday, February 13 & 15. Cash or check only those nights. You can still order online at Jostens.com. Last day of sales will be February 28. <u>As with all past years, no extras will be</u> <u>purchased, so order yours today.</u> Not sure if you ordered one? Your student can check the list by the lunchroom. It is updated weekly. If you have questions, contact Mr. Damman at William.damman@indianola.k12.ia.us.

High School Registration Events for 8th Graders

High School Counselor Q&A at Conferences Date/Time: February 13, 4-8 PM and February 15, 4-8 PM Location: Middle School 8th Grade Hallway *Conference times are for Q&A. You may turn in your completed registration sheet, but do NOT have to at that time.

Work Sessions Date/Time: February 19-22, 3:30-6:30 PM

Location: High School Media Center

*Work sessions at the high school are arena style; no individual appointments. You may work with any counselor available. We will collect completed sheets at that time.

If this is your 2nd or 3rd child and you are comfortable on your own, you can turn in your completed registration form to Mrs. Cherniss.

All Registrations Must be Turned in by March 2

Please Bring Your License when you Visit the School

If you have been a visitor to any of our Indianola schools during a typical day, you have been asked to show your license the first time so that a sticker could be given to you before you walk around the building.

We have gotten an upgrade to this security screening system, which is a good thing. However, we do not have access to past visitor records, so we will need to scan every person's license/ID as if it were their first visit. <u>Every visitor will be required to show their license to be entered into the screening system.</u>

Please keep in mind, if you are just coming into the main office you will not need to show your ID. If you are going anywhere else in the building during school hours, however, you will. Thank you for your cooperation.



Indianola Little League

Please click <u>here</u> and select the Digital Backpack toward the middle of the page to view the 2018 Little League flyer. Contact Bobby Shepherd, <u>bobbyshepherd51@gmail.com</u>, with questions.

Music Boosters Meeting

The next Music Boosters meeting is Monday, February 12, at 6 p.m. in the high school 9-10 band room.

Music Booster meetings are open to anyone interested in helping support the music programs in all of the Indianola schools. Questions about getting involved with Music Boosters? Contact President Anita Christensen at Indianolamusicboostersinfo@gmail.com. You can also find us on Facebook at Indianola Music Boosters!

IHS Girls Soccer Camp for 6th – 8th Graders	Indianola Track & Field Apparel
Girls in grades 6 thru 8 can spend their spring break training	If you would like to show your support for
like a high school soccer player. This 5-day camp will be filled	our Track & Field athletes by wearing
with drills and activities, and it will help elevate athletes to the	spirit wear from BSN Sports, click on
next level.	<u>https://www.bsnteamsports.com/v3/sho</u>
The camp runs March 12-16 from 5:15-6:45 p.m. The cost is	<u>p/team_shop/IndianTrk#/</u> . The shop is
\$50. Please click <u>here</u> and select <i>Digital Backpack</i> to see full	open through February 8. The access
details listed on the flyer.	code is IndianTrk.
Indianola Volleyball Practices	Indianola Athletic Boosters
Indianola Volleyball Practices	We started the year with a lofty goal of
All Indianola girls in grades 3-8 are welcome to attend the	600 Indianola Athletic Booster members.
Indianola Volleyball select practices listed below. Grades 3-6	We are now at 615! Are you a member
will practice 6:30 – 7:45 p.m., and grades 6-8 will practice	yet? It is easy to become one. Please go
7:45 – 9:00 p.m. Practices will be held in the high school's	to <u>www.indianolaathletics.com</u> now to
North gym.	support our athletes, coaches, and
All Indianola girls in grades 3-8 are welcome to attend the	We started the year with a lofty goal of
Indianola Volleyball select practices listed below. Grades 3-6	600 Indianola Athletic Booster members.
will practice 6:30 – 7:45 p.m., and grades 6-8 will practice	We are now at 615! Are you a member
7:45 – 9:00 p.m. Practices will be held in the high school's	yet? It is easy to become one. Please go
North gym.	to <u>www.indianolaathletics.com</u> now to

Check Out the District Event Calendar

http://www.littlehawkeyeconference.com/public/genie/206/school/645/

Study Table for Middle School Athletes

On Wednesdays due to the early out, we have an option for our student athletes. When school ends at 2:20, students may stay in a supervised area to do homework or read until practice starts at approximately 3:50. Students who sign up for Study Table are expected to be there each Wednesday during the season unless a parent calls in or writes a note to excuse them ahead of time.

Please click here and select Study Table form for details.

Athletics

IMS Activities Schedule link: http://www.littlehawkeyeconference.com



Heal House of Iowa

Heal House of Iowa is a group of volunteers, who have filed for non-profit status, committed to taking care of homeless individuals in Warren County and establishing a shelter in Indianola. Please click <u>here</u> and select Digital Backpack located halfway down page to see the flyer with full details.

Backpacks 4 Hunger No Child Goes Hungry over the Weekend

ALL students eligible for this program

Backpacks are filled with meals and snacks for the weekend and are sent home with students on Friday. The backpacks and contents are provided by donations from the Indianola community.

TO SIGN UP: Call 961-5755 or contact your student's school counselor.

Parents of 8th Graders:

On the next couple pages, you will find a copy of the MyCollegeOptions survey mentioned on page 3.

Indianola Community School District S-21-0-34-1081 District Student Survey 100 LITEMS IN BOX ARE REQUIRED FOR PROCESSING. ASE PRINT CLEARLY WITH A NO. 2 PENCIL OR BLACK OR BLUE INK ONLY COMPLETELY FILL IN CIRCLES. SEE BENEFITS STATEMENT ON BACK
First Last Name Name
City State Zip State Zip
Vour High School Name Teacher's .ast Name Birth Date Omega Male Male 2018 2020 2019 2021 2019 2021 Scale: A=4, B=3, C=2, D=1, Failing=0
ne () ne () ferred ent Email
YOUR ACTIVITIES & POST-SECONDARY PLANS If costs were not a factor, which categories of college would you like to attend? (Darken as many as apply) A. O Private College/University B. O State College/University C. O Community/Junior College D. O Vocational/Technical School Specialized schools and colleges offer degree programs in selected professional areas. Which categories of college would you like to attend? D. O Vocational/Technical School A. O Architectural College G. O School of Economics M. O School of Journalism S. O Nursing College B. O Art/Design College H. O College of Education N. O Law School T. O School of Psychology/Sociology
C. O Bible College I. O Engineering College O. O College of Mathematics U. O College of Science D. O School of Business J. O Family and Consumer Sciences P. O Medical School V. O Institute of Technology E. O School of Communications K. O School of Forestry/Environmental Studies D. O General/Liberal Arts College O. O College of Mathematics V. O Institute of Technology F. O Culinary School L. O General/Liberal Arts College P. O Music College/Conservatory X. O Other/Undecided
 Have either of your parents attended college? A. Yes B. No Please identify the types of high school courses you have taken or are currently taking. (Darken as many as apply) A. Advanced Placement (AP) B. Honors Programs B. Other Advanced Programs C. Honors Programs C. Other Advanced Programs C. Other
Which of the following VARSITY SPORTS are you most likely to participate in while attending college? (Darken as many as apply) A. O Baseball E. O Crew/Rowing I. O Field Hockey M. O Horsemanship Q. O Rodeo U. O Tennis Y. O Other Athletics B. O Basketball F. O Cross Country J. O Football N. O Ice Hockey R. O Soccer V. O Track & Field Z. O Not interested C. O Bowling G. O Cycling K. O Golf O. O Lacrosse S. O Softball W. O Volleyball D. O Cheerleading H. O Dance Team L. O Gymnastics P. O Martial Arts T. O Swimming/Diving X. O Wrestling
Which of the following ACTIVITIES are you most likely to participate in while attending college? (Darken as many as apply) A. O Academic/Honors Club F. O Church/Religious K. O Fraternity/Sorority P. O Military/ROTC U. O Robotics B. O Art/Design G. O Community Serv/Volunteer L. O Hunting/Fishing Q. O Newspaper/TV/Radio V. O Student Government C. O Band/Orchestra H. O Debate/Forensics M. O Language Club R. O Outdoor Adventure/Rec W. O Study Abroad D. O Business/Entrepreneur I. O Drama/Theatre N. O Leadership S. O Outdoor Winter Sports X. O Tech/Engineering Club E. O Choir J. O Environmental Club O. O Math/Science Club T. O Peer Mentoring/Tutoring Y. O Writing/Publications
Which of the following types of information and materials would you like to receive to help you prepare for your future? (Darken as many as apply) A. O Gap Year Programs C. O Mentor Programs E. O Study Abroad G. O Test Prep B. O Internships D. O Scholarships/Financial Aid F. O Summer Programs H. O Tutoring OVER PLEASE 216100 MCO-18

8.	Please choose TWO occupational areas that BEST fit your major interests or future career path. (Darken TWO)					
	1. O Accounting/Finance	19. O Computer/Information Sciences		55. 🔾 Philosophy		
	2. O Advertising	20. O Criminal Justice/Law Enforcem	- 000	56. O Photography/Video/Film		
	3. Aeronautics/Flight Training	21. O Culinary/Chef	39. O Forestry/Conservation	57. O Physical Education/Recreation		
	 Aerospace Technology Agricultural Sciences 	22. Cyber Security 23. Dance/Choreography	40. O Game Design and Developer 41. O Graphic Arts/Design	58. 〇 Physical Therapy 59. 〇 Physics		
	6. O Architecture	24. O Dental Health	41. O Graphic Arts/Design 42. O History/Archaeology	60. O Politics/Government Science		
	7. O Art	25. O Doctor/Physician	43. O Interior Design	61. O Psychology/Psychiatry		
	8. O Athletics/Coaching	26. O Drama/Theatre Arts	44. O Journalism	62. O Religion/Ministry/Theology		
	9. 🔿 Attorney/Lawyer	27. O Economics	45. O Law/Legal Services	63. O Renewable Energy		
	10. O Biology	28. 🔿 Engineering (Chemical)	46. 🔿 Marine Biology	64. O Science		
-	11. Broadcasting/Radio/TV		47. O Marketing	65. Social Work/Human Services		
	12. O Business 13. O Business (International)	 30. O Engineering (Computer/Mobile 31. O Engineering (Electrical/Electror 		66. O Software/Mobile Developer 67. O Sports Management		
	14. Business Owner/Entrepreneur	32. O Engineering (General)	50. O Medical Technology	68. O Sports Medicine		
	15. Chemistry	33. O Engineering (Mechanical)	51. O Military Science	69. O Teaching/Education		
	16. Child Care/Development	34. O English/Writing	52. O Music	70. O Travel/Hospitality		
	17. O Christian Services/Missionary	35. O Environmental Studies	53. O Nursing/Health Care	71. O Veterinary Medicine		
	18. O Communications/Public Relation	s 36. 🔿 Equine Studies	54. 🔿 Pharmacy	72. O Undecided		
9.	Build Your Ideal College: Please of	larken all characteristics that you a	re looking for in your ideal college. (D	arken as many as apply)		
		Small (under 3,000 students)	G. O Ethnically diverse J. O Historic	· · · · · · · · · · · · · · · · · · ·		
	č ,	O Medium (3,001 to 10,000 students)		sports program N. O Far from home		
	C. O In a small town F. C	C Large (over 10,000 students)	I. O Faith-based L. O Dormit	ories available		
10.	If you are interested in attending a	denominational/church-related co	llege, which TWO would you choose?	(Darken up to TWO)		
	-		nurch of God P. O Jewish	U. O Presbyterian		
			sciples of Christ Q. O L.D.S./Mormon	V. O Nondenominational		
	C. O Assemblies of God H.	. O Charismatic/Pentecostal M. O Ep	iscopal R. O Lutheran	W.O Other Christian denomination		
		○ Church of Christ N. ○ Ev		X. O Other religious affiliation		
	E. O Baptist (Southern) J.	○ Church of Christ (United) 0. ○ Fri	iends/Quaker T. O Nazarene	Y. O Not interested		
11.	What kind of social behavior rules	would you PREFER on a college c	ampus? (Darken ONE)			
	A. O Conservative: Separate male/fem	ale living arrangements. No drinking, smo	oking, or drugs on or off campus.			
		limits and avoiding extremes in behavior	on or off campus.			
	C. O Liberal: Observing minimal campa	us regulations.				
12.	Part I: If you are considering milita	ary options, which of the following	describe your interests? (Darken as m	any as apply)		
		. O Military Academy/College E. C	○ National Guard G. ○ No mi	litary interest		
			Other military plans			
	Part II: Which military service wou	IId you prefer? (Darken as many as				
	A. O Air Force B. O Army	C. 🔿 Coast Guard	D. O Marines E. O Navy			
13.	Some scholarship, grant, loan, and	d incentive programs are available	to students based upon specific racia	l or ethnic backgrounds.		
	Indicate your background by selec	ting from the categories below. (D	arken as many as apply)			
	A. 🔿 American Indian/Alaskan Native	C. O Black/African-Americ		O Other		
	B. O Asian/Asian-American/Pacific Isla	nder D. O Latino/Hispanic/Chica	ano F. O White/Caucasian H.	O Prefer not to respond		
14.	What are the top three states in wh (Use two letter state abbreviations)	hich you would consider attending	college?	A Mar 102 - Construction and		
	(Use two letter state abbreviations)	,		J. na mana and managements		
15.	If you could attend college today,	which would be your top choices?	(List up to EIVE)	Have you visited this		
10.	Spell out full college name and the abbre			State college?		
	1. Law and a mark and a mark and a mark		12 1000 MIL 100 CALING, 1000 F000 AND 500 MIL 1000 AND 100 AND	Senderster version of the sender of the send		
				Yes		
		na ma da an	na me vanite nei nei versen me vanite in energie versen versen versen en die verse verse versen versen versen v Versen seis parte verse part in eine part versen ger versen gewenne eine der 2000 " 1900 ten ein die 1900 ten er			
	3.			Yes		
			al de la fait de la companya de la c			
	4.			Yes []		
			11 JU - 201 - 11 II - 1 II			
	5.					
16.	Please email me a report that will sl	how how colleges and universities r	natch my profile on my College Optic	ons.org.		
		HARE, ELDIN MUTCHEN-HARDEL MAR WEITY LEMBERT ALBERT HARE, FARTYLIKEN HAR HARE THE EMBELTHER THE BARE, ELBIN KERLYMMYTLET, M	DE TEE TEEL TEEL TEEL TEEL TEEL TEEL TEE	ANNEL AND LINE TO THE OF THE OF THE AND THE OF THE AND THE AND THE OF TH		
	Address					
Ιſ			e college planning account. The information you provide n			
	providers of educational products & services that may send you and your family information (such as information related to student loans and financial aid, college admissions and tutorial services, extra-curricular enrichment and recognition programs, career, employment and military opportunities, and camps, provided by non-profit organizations, companies offering educational products & services, and government					
	agencies). By providing a phone number, you conse	ent for My College Options and the colleges you have	listed to contact you at that number on behalf of colleges a and no purchase is necessary to subscribe. My College	and universities. These calls may be made using		
	commercial marketers offering to sell you non-ec		rana no purchase is necessary to subscribe. My college (options will not share this information with		

©2017-2018 MY COLLEGE OPTIONS® • A NON-PROFIT ORGANIZATION • 3651 NE RALPH POWELL RD. • LEE'S SUMMIT, MO 64064

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations

implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator Indianola Community School District 1304 East 2nd Avenue Indianola, IA 50125

515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing

Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).

Anti-Bullying/Harassment (Ref. School Board Policy 104) Harassment and bullying of students and employees are against federal, state and local policy, and are not tolerated by the board. The board is committed to providing all students with a safe and civil school environment in which all members of the school community are treated with dignity and respect. To that end, the board has in place policies, procedures, and practices that are designed to reduce and eliminate bullying and harassment as well as processes and procedures to deal with incidents of bullying and harassment. Bullying and harassment of students by other students, by school employees, and by volunteers who have direct contact with students will not be tolerated in the school or school district. Concerns can be reported to the building administration by phone, email, or in person. Board Policy forms 04E1 and 104E2, along with additional bullying and harassment policy information can be obtained from the district website or from the main office.